



The Bible Banner

December 2018



BRIGHTEN THE CORNER WHERE YOU ARE

A man had a baby with him on a train and the baby was crying. People got disturbed and one big fellow said, "Why don't you get that baby to shut up. Take it to its mother."

The man with the baby said, "I would but she's in a casket in the cargo car. We are taking her home to bury her." The big man sat down and then later said, "We raised several kids at home, let me take the baby." And as the tired dad fell asleep, the big critic walked the baby up and down the aisle and sang lullabies.

Instead of criticizing others, whose troubles may be greater than what you can see, why not try to brighten the corner where you are?

Bear ye one another's burdens, and so fulfil the law of Christ. Galatians 6:2

Almost an Omelet (SOY-FREE)

- | | |
|---------------------------------|-----------------------------|
| ½ cup onion, chopped (optional) | ¼ cup bell pepper, diced |
| 1 tsp garlic powder | ¾ cup precooked millet |
| ½ cup water | 1 tsp nutritional yeast |
| 1 tsp Mock Aminos, optional | 1 Tbsp cornstarch |
| 1 Tbsp cornmeal | 1 tsp salt |
| ¼ cup sunflower seeds | Tumeric for color, optional |

Blend all except the pepper and onion. (Add more water if necessary to make this blendable. Stir in pepper and onion.

Bake on a cookie sheet in 4 round circles at 400°F (200°C) until firm and somewhat crusted on both sides. (15-30 minutes)

You may need to flip these over halfway through or move them from the top to the bottom of the oven.



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QUOTABLE QUOTES

Watch your thoughts for they become your words,

Choose your words for they become your actions,

Understand your actions for they become your habits,

Study your habits for they will become your character,

**Develop your character for it will become your
DESTINY!**

"Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;" 2 Corinthians 10:5



Deep Fakes

Deception has been a part of warfare since the Trojan horse. During WWII, it became high art. Members of the 23rd Headquarters Special Troops used special "weapons" like dummy planes, tanks, antiaircraft guns, and amplified recordings that created war sounds to fool the German high command. To enable a combat unit to change positions or even attack when the Germans thought it hadn't moved at all, the 1800 men of the 23rd impersonated entire divisions. They would move in at night, change insignias, and inflate their rubber decoys. Meanwhile, the troops they were replacing sneaked away. Such deception was a major factor in the success of the Allies' D-Day invasion, as the German 15th Army waited elsewhere for an assault that never came.

Today deception has become a plague and a universal problem with sham and satire news sites, telemarketing scams, and now "deep fakes." I don't understand all the technicalities of it, but apparently if you have multiple videos of someone from different angles you can load the information into a computer and merge it with another video of someone else, making it look like a person is someone else that they are really not. And you have a video to "prove" it. Today, we must trust ONLY the word of God, and not even our senses, especially what we "see".

Unfortunately, faking doesn't always stop in Christian circles. This may be evidenced by the fact that Jesus' strongest rebukes were to hypocrites (actors, fakes). James wrote about those who lie against the truth saying, *"if ye have bitter envying and strife in your hearts, glory not, and lie not against the truth."* (James 3:14) And Paul wrote about those who *"who hold the truth in unrighteousness"* (Romans 1:18) Professed Christians who are superficial in character and religious experience are used by the tempter as his devilish decoys to draw or push others into his snares.

According to the dictionary, one of the definitions of Christian is: *"Having or showing qualities associated with Christians, especially those of decency, kindness, and fairness."* But some of the "Christians" I know don't fit this description at all. If you see how they treat not only their enemies, but even their friends and family members, you might never recognize that they were "Christians." One of my favorite poems comes to mind: (I've changed the words slightly from the singular I to the plural we.)

"Could we really be called Christians if everybody knew our secret thoughts and feelings in everything we do? Could they see the likeness of Christ in us each day? Could they hear His gentle voice in every word we say?"

Could we really be called Christians if everyone would know the places that we go to, would Jesus tell them so? Could they hear His echo in every song we sing? In our lives is Jesus being seen in everything?"

Could we really be called Christians if judged by what we read, by all our recreations in every thought and deed? Could we be counted Christ-like as we now work and play, selfless and forgiving to others every day?"

We want to be like Christians, to live for Christ each day. But wanting isn't quite enough when trouble comes our way. Two roads are before us, but only one will do. Jesus walked the narrow road; we will walk it too."

Sadly, there are a lot of "deep fake" Christians today. Titus 1:16 says, *"They profess that they know God; but in works they deny him, being abominable, and disobedient, and unto every good work reprobate."*

However, instead of sacrificing our Christianity to bad temper, we have another option when things don't go our way. The book *The Desire of Ages* says of Jesus *"It was His joy that all His humiliation and suffering would glorify the Father's name."* {DA 662.2}

So whenever something bad happened to Jesus, He sought to see that God could be glorified in His reaction. 1 Peter 2:23 says, *"Who, when he was reviled, reviled not again; when he suffered, he threatened not; but committed himself to him that judgeth righteously:"* Jesus sought to glorify God in whatever situation He found himself.

Several years ago, I read the story of a youth who was planning to go work in the mission field. But much to her disappointment, she was needed at home to tend to a sick relative. However, she determined to be a missionary at home too. She determined no matter how dark the corner that she was in seemed, she would brighten that corner. And so she happily took care of her sick relative and did her household chores singing, *"Do not wait until some deed of greatness you may do. Do not wait to shed your light afar. To the many duties ever near you, now be true. Brighten the corner where you are...."*

Don't be a deep fake Christian. Brighten the corner where you are and it will make you happier too. For *"By putting on the ornament of a meek and quiet spirit, ninety-nine out of a hundred of the troubles which so terribly embitter life might be saved. . ."* {Amazing Grace 39 (4T 348)}





Auto Immune Disease

Prov. 14:1 *Every wise woman buildeth her house: but the foolish plucketh it down with her hands.* Autoimmune diseases fit this description of plucking down the house with their own hands. In an autoimmune disease the body gets confused and it literally begins to attack itself. But there is hope, for many people have been able to reverse autoimmune diseases by a simple, but Biblical formula.

*"Overall, there are more than 80 different autoimmune diseases, which are a significant health problem in the elderly."*¹ A few you might recognize include celiac disease that damages the small intestine, type 1 diabetes, Graves' disease or hyperthyroidism (an overactive thyroid), Hashimoto's disease or hypothyroidism (an under-active thyroid), lupus that damages many body systems, multiple sclerosis (MS), and rheumatoid arthritis.

Since God obviously didn't make the body to attack itself. What causes the body to do such a foolish thing?

Psalms 107:17-20 gives us the answer. *"Fools because of their transgression, and because of their iniquities, are afflicted...they draw near unto the gates of death"*

But God's word gives hope.

"Then they cry unto the LORD in their trouble, and he saveth them out of their distresses. He sent his word, and healed them, and delivered them from their destructions."

Statistically, it is evident that man's interventions have done something to cause autoimmune disease. Because it is a *"fact that autoimmune diseases are rare in countries that have a high incidence of infectious diseases..."*¹ So third world countries that have more infectious disease actually have less autoimmune disease. In my mind, this suggests several potential causes that the western world has introduced. Junk food, vaccinations -- with their heavy metals and hidden viruses, and man-made chemicals including antibacterial hand-sanitizers and antibiotics that have often been shown to cause bigger problems than they cure.^{4,5}



Remember it was the Bible, the word of God, that "healed them" and it tells us how to purge iniquity. Prov. 16:6 says, *"By mercy and truth iniquity is purged: and by the fear of the LORD men depart from evil."* "Truth", in addition to departing from evil, suggests a lifestyle change. And indeed this has cured many people with autoimmune disorders. I once attended a vegan cooking class taught by a lady who had overcome Hashimoto's disease by changing to a healthier vegan diet. Another lady I know of overcame celiac disease by cutting out genetically modified foods (GMO's) and eating organic (avoiding chemicals on food). There are even people who have almost completely reversed type 1 diabetes with a largely raw food vegan diet and exercise.² Others have eliminated potential toxins in their environment including mold or radiation from cell phones/WIFI as well as getting rid of chemicals including pharmaceuticals and personal care products in their households and have found relief.

But sadly, there are admittedly many people who believe that they are doing their best to implement the 8 natural remedies (fresh air, exercise, water, rest, temperance, diet, sunshine, and trust in God) and yet they still have a problem.

This is where the "mercy" part of the formula must come into play. One man decided to reemphasize the "Trust in God" portion of the formula. He repeatedly claimed the mercy of God in His promise found in Psalm 103:3, *"Who forgiveth all thine iniquities; who healeth all thy diseases;"* and indeed God did heal him of his type 1 diabetes and his pancreas began producing insulin again.

But sometimes God works his miracles through means of natural remedies.

Sometimes "mercy" means sucking toxins out of the body's system. A ¼ cup a day of cilantro for 2 weeks will cause the body to spill heavy metals into the blood. At the same time, a person can effectively absorb or adsorb them by taking a tsp of clay or activated charcoal 3 times a day during the same 2 week period. (If you believe your body contains a lot of heavy metals, like mercury, start slowly and build to the ¼ cup.)

Another "mercy" technique is juicing lots of leafy greens and carrots, etc., or drinking herb teas in order to supply extra nutrients that the body may be missing. Some nutrients that help heal autoimmune disorders include: Vitamin A (orange stuff like carrots and sweet potatoes, Vitamin D (sunshine vitamin), zinc, glutathione, omega-3 fatty acids, and probiotics to rebuild the gut bacteria (vegan yogurts and raw honey³). There are many more techniques that could be named depending on what caused the autoimmune disorder, but they all fall under this formula

"truth"(put good in with a lifestyle change) + "mercy"(pull bad out and make up for past failures) = healing

"Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth." 3 John 2

1--OpenStax College Anatomy and Physiology, pg. 969 2-- www.naturalnews.com/042441_type_1_diabetes_raw_food_diet_natural_treatment.html.

3-- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1431562/> 4-- <https://www.fda.gov/ForConsumers/ConsumerUpdates/ucm378393.htm> ,

<https://www.scientificamerican.com/article/strange-but-true-antibacterial-products-may-do-more-harm-than-good/> 5-- <https://www.healthline.com/health-news/five-unintended-consequences-antibiotic-overuse-031114#5>



Never to be Forgotten

"Even so the tongue is a little member, and boasteth great things. Behold, how great a matter a little fire kindleth! And the tongue is a fire, a world of iniquity: so is the tongue among our members, that it defileth the whole body, and setteth on fire the course of nature; and it is set on fire of hell." James 3:5, 6

The story is told of an early pioneer couple, as they built their cabin in the Middle West, and struggled to clear their land and make a living. It tells of the lonely days, the homesick days, the hard days, and the happy days as they toiled together. Then it tells of the days when too much work and too much weariness began to take the flavor from their words, and 'old attentions' were left out. Then one night the husband came home, weary and exhausted from his work, and when he went to milk the cows, he found that they had wandered away and he had to go find them. Then he spoke impatiently to his wife and said:

"You ought to've kept the animals in view,

And drove them in; you'd nothing else to do.

The heft of all our life on me must fall;

You just lie round, and let me do it all."

As soon as the words were spoken, he knew there was poison in them. But pride and anger kept back the words that would have asked forgiveness and made things right. He even went to work the next morning without his usual goodbye kiss. As he ate his lunch, he found 'fresh sweet-eyed pansies' in with his sandwiches! He knew their meaning, and said, 'Tonight I'll ask forgiveness of her.' He went home early, but his wife was not there. A note on the table explained that the cows had wandered away again, and she had gone to look for them, and it ended with, 'I've tried to do my best, I have indeed. Darling, piece out with love the strength I lack, and have kind words for me when I get back.'



Just then a terrible thunderstorm broke upon them, but with his dog, he went out into the night to find her. All night he came back to his cabin, hoping that she would be there. The as the morning came he returned once more, and heard the tinkle of the cowbells. "You've come," he shouted, and rushed through the door. Yes, she had come, but had gone again. The night's storm had been too much for her, and there she lay on the floor, dead. The story closes with these sad words:

"Boys flying kites haul in their white-winged birds;

You can't do that way when you're flying words.

'Careful with fire' is good advice, we know:

'Careful with words' is ten times doubly so."

Life is too short for words of hate and anger. Make sure that you are daily reflecting the character of Christ and you will have no regrets.



Study to Show Thyself Approved-- Lessons From The Camp Fire in (Earthly) Paradise, CA

"Ms. Kester recalled on Sunday morning in Chico... 'It was hot, it was smoky and — this sounds like such an exaggeration, but — it was apocalyptic.'" NY Times

THE ONLY WAY OUT WAS SKYWAY—A FOUR LANE HIGHWAY OUT OF TOWN.

Likewise our only escape is heavenward with Jesus being the only way off this planet.

John 14:6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

Luke 21:27,28 And then shall they see the Son of man coming in a cloud with power and great glory. And when these things begin to come to pass, then look up, and lift up your heads; for your redemption draweth nigh.

Isaiah 25:9 And it shall be said in that day, Lo, this is our God; we have waited for him, and he will save us: this is the LORD; we have waited for him, we will be glad and rejoice in his salvation.

SADLY, ONE WOMAN DIED BECAUSE SHE DELAYED LONG ENOUGH TO PUT HER MAKE-UP ON.

Today, many caught up in the cares of this life will perish eternally, because they put off following Christ until it is too late.

Luke 21:34 And take heed to yourselves, lest at any time your hearts be overcharged with surfeiting, and drunkenness, and cares of this life, and so that day come upon you unawares.

2 Cor. 6:2 (For he saith, I have heard thee in a time accepted, and in the day of salvation have I succoured thee: behold, now is the accepted time; behold, now is the day of salvation.)

SOME WERE STILL SLEEPING AND PERISHED IN THEIR BEDS

Many are spiritually asleep, and will perish if they don't wake up to eternal realities.

1 Thess. 5:4,6 But ye, brethren, are not in darkness, that that day should overtake you as a thief...Therefore let us not sleep, as do others; but let us watch and be sober.

Romans 13:11 And that, knowing the time, that now it is high time to awake out of sleep; for now is our salvation nearer than when we believed.

SOME DIED BECAUSE THEY NEVER GOT THE WARNING MESSAGE UNTIL IT WAS TOO LATE. Likewise, some do not yet know that the world as we know it is nearing an end.

1Thessalonians 5:3 For when they shall say, Peace and safety; then sudden destruction cometh upon them, as travail upon a woman with child; and they shall not escape.

Ezekiel 33:8 When I say unto the wicked, O wicked man, thou shalt surely die; if thou dost not speak to warn the wicked from his way, that wicked man shall die in his iniquity; but his blood will I require at thine hand.



WORLDLY POLICIES LOSE THEIR FORCE WHEN LIFE IS AT STAKE. A GARBAGE TRUCK DRIVER BROKE COMPANY POLICY BY GIVING A RIDE TO AN ELDERLY LADY WHO HAD NO TRANSPORTATION OUT OF TOWN.

Jude 22, 23 And of some have compassion, making a difference: And others save with fear, pulling them out of the fire; hating even the garment spotted by the flesh.

Matt.10:28 And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell.

MANY SURVIVED BECAUSE A BULLDOZER CLEARED THE PATH TO SAFETY. God's people are to be like that bulldozer.

Isaiah 57:14 And shall say, Cast ye up, cast ye up, prepare the way, take up the stumblingblock out of the way of my people.

Isaiah 62:10 Go through, go through the gates; prepare ye the way of the people; cast up, cast up the highway; gather out the stones; lift up a standard for the people.

ONE WOMAN SURVIVED BECAUSE SHE OBEYED HER HUSBAND WHEN HE SAID, "DON'T DIE, RUN."

Likewise, our duty is to trust and obey God.

Hebrews 5:9 And being made perfect, he [Jesus Christ] became the author of eternal salvation unto all them that obey him;

1 Peter 4:17 For the time is come that judgment must begin at the house of God: and if it first begin at us, what shall the end be of them that obey not the gospel of God?

"The time is at hand when there will be sorrow in the world that no human balm can heal. The Spirit of God is being withdrawn.

*Disasters by sea and by land follow one another in quick succession. How frequently we hear of earthquakes and tornadoes, of destruction by fire and flood, with great loss of life and property! Apparently these calamities are capricious outbreaks of disorganized, unregulated forces of nature, wholly beyond the control of man; but in them all, God's purpose may be read. **They are among the agencies by which He seeks to arouse men and women to a sense of their danger.**" Prophets and Kings, p. 277.*

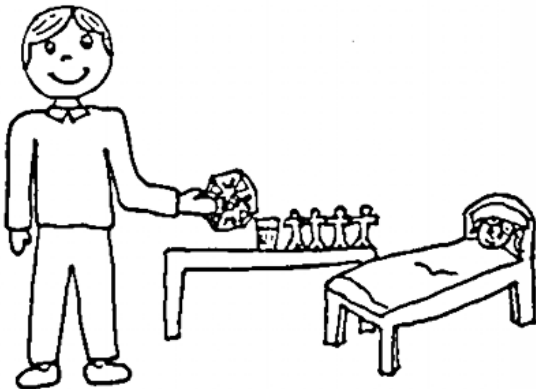
God's Amazing Creatures



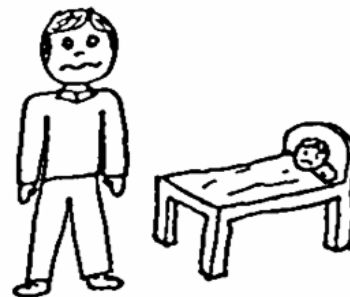
Fireflies are actually not flies at all, but are really beetles. Jesus made the fireflies so they can do something special. They give a light that comes from the lower abdomen and the light may be yellow, green, or pale red. Fireflies are really neat to watch. If you watch at night, especially in the eastern United States, you might see some fireflies. Just like the fireflies brighten the corner where they are, you can brighten the corner where you are by telling your friends about Jesus.

Memory Text

"And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you." Ephesians 4:32



Christian was sad and disappointed because he didn't get to go grocery shopping with his Mommy. His little sister was sick, and so his Mommy asked him to take care of her. But Christian decided to be happy and cheerful even though he was disappointed. Besides bringing his little sister water to drink, he cut out paper snowflakes and strings of paper dolls for his sister. It made her happy. It made Jesus and Christian happy too.



Carnal was sad and disappointed because he didn't get to go grocery shopping with his Mommy either. His little brother was sick, and so his Mommy asked him to take care of him.

Carnal stayed home, but he just pouted and whined all day. When his Mommy got home his little brother was very thirsty and even sicker. Carnal made Jesus very sad. His mother and little brother were sad too.



Little Runner's Health Tip

What does Caroline the cow drink? Not soda, not chocolate milk, but water. Drinking water is best for healthy boys and girls too.