

## Guarding the Five Senses as Depicted in the Sanctuary

There are many layers of object lessons depicted in the sanctuary structure. Christ's ministry and the plan of salvation is primary, but amazingly a layer for church history and doctrine, the body temple, the family/country living, et cetera are also pictured there. The following texts make clear the parallels between the body temple and the temple or sanctuary.

*"What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's."*

1 Corinthians 6:19,20

*"Jesus answered and said unto them, Destroy this temple, and in three days I will raise it up. Then said the Jews, Forty and six years was this temple in building, and wilt thou rear it up in three days? But he spake of the temple of his body."*

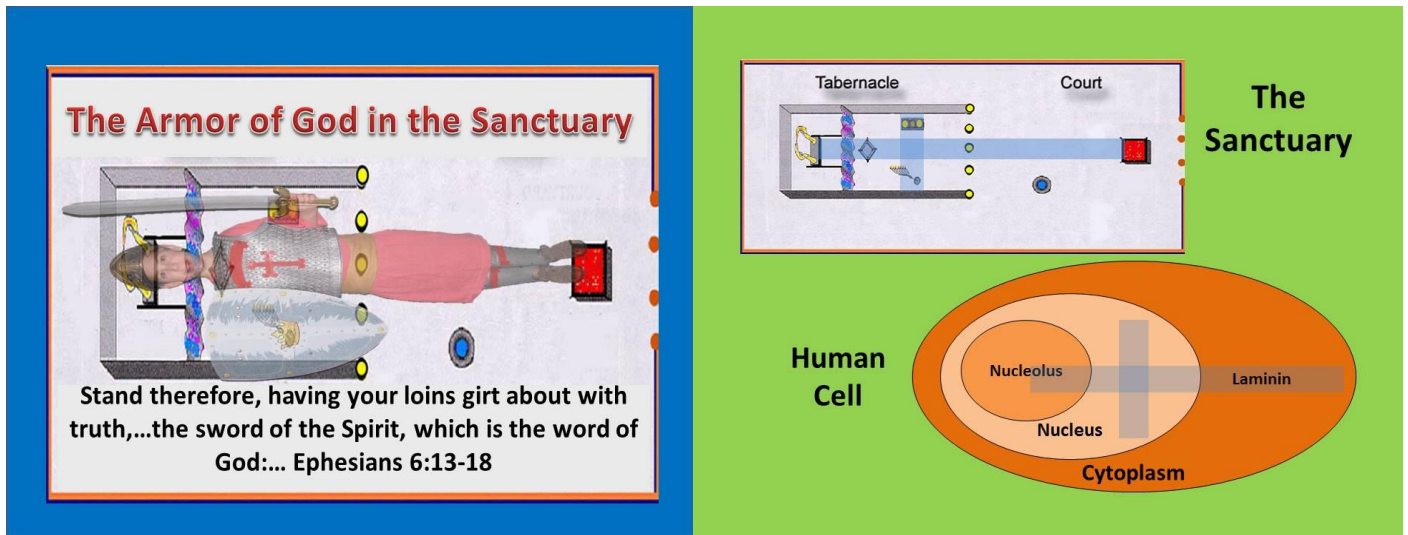
John 2:19-21

*"If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are."*

1 Corinthians 3:17

Within the body temple layer of the sanctuary, there are at least three different object lesson patterns of which we are aware. The Physical, Mental and Spiritual—Guarding the Senses layer, The armor of God layer, and the cell layer. In this paper, we will be covering the *Physical, Mental and Spiritual—Guarding the Senses* layer of the body temple.

Pictured below are the other two layers for reference.

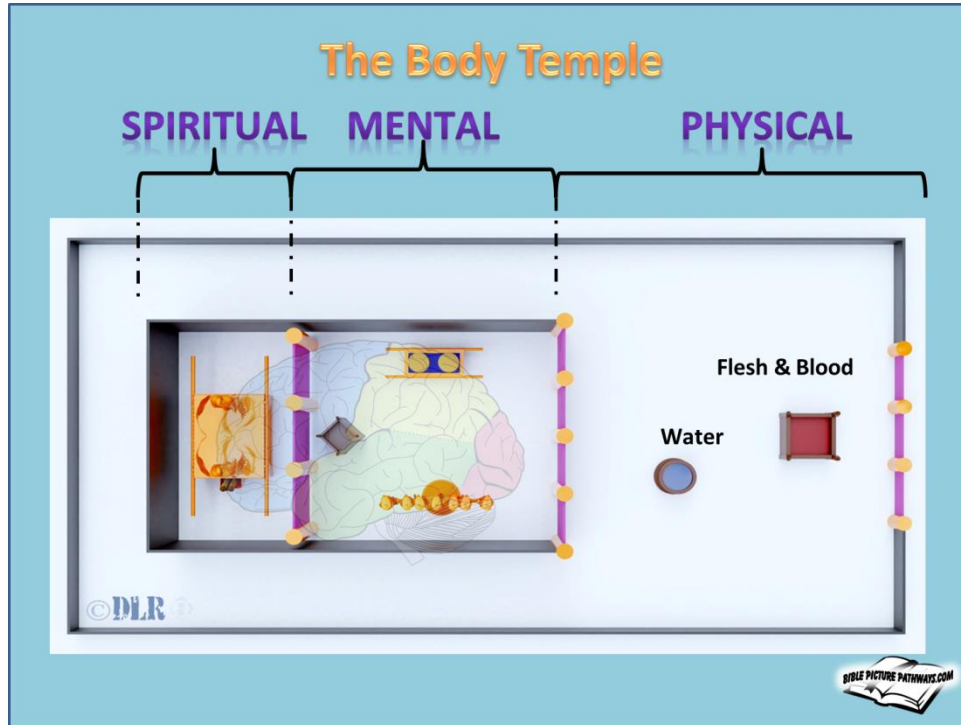


In both the Old and New Testaments the Bible makes plain that there are three aspects of man- physical, mental, and spiritual. Deuteronomy 6:5 states, *"And thou shalt love the LORD thy God with all thine heart, and with all thy soul, and with all thy might."*

In the New Testament we see these listed again. Luke 10:27 records, *"And he answering said, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself.*

Luke, the physician, also records, *"And Jesus increased in wisdom and stature, and in favour with God and man."* Luke 2:52

The physical (strength, stature, might)-- flesh, blood and water is shown in the courtyard of the sanctuary. The mental (wisdom, heart and mind)-- the brain and neurons (some are actually in the heart) are shown in the holy place, and the spiritual (soul and "favour with God and man") as the frontal lobe of the brain, the seat of reasoning, the throne room or most holy place of the brain. Indeed, it is no coincidence that in Revelation we find that the name (character, law) of God is written in the forehead of the righteous and the mark of the beast in the forehead (or hand) of the wicked.



*"And I looked, and, lo, a Lamb stood on the mount Sion, and with him an hundred forty and four thousand, having his Father's name written in their foreheads."*  
Revelation 14:1

*"And they shall see his face; and his name shall be in their foreheads."* Revelation 22:4

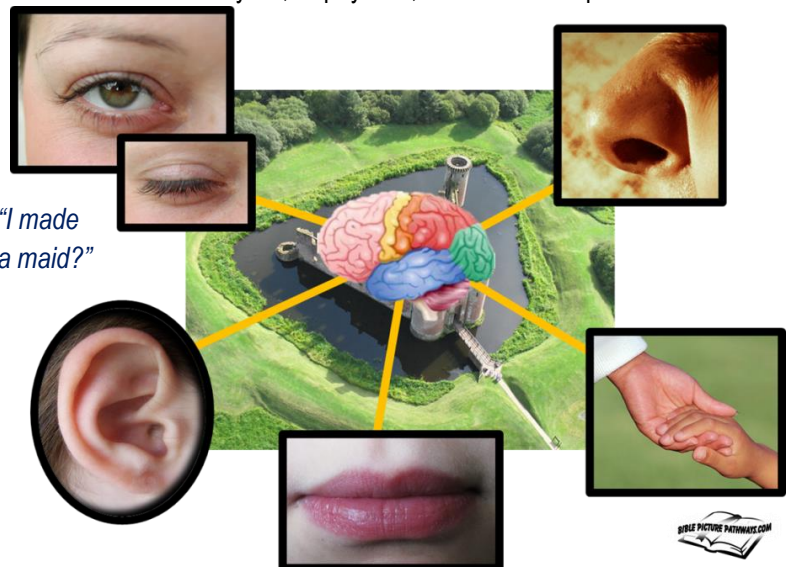
*"And the third angel followed them, saying with a loud voice, If any man worship the beast and his image, and receive his mark in his forehead, or in his hand,"*  
Revelation 14:9

Luke wrote, *"When a strong man armed keepeth his palace, his goods are in peace:"* Luke 11:21 Matthew puts it this way. *"Or else how can one enter into a strong man's house, and spoil his goods, except he first bind the strong man? and then he will spoil his house."* Matthew 12:29 In the sanctuary we can see that the courtyard, or physical, forms a wall of protection all around the palace or mental and spiritual. This is much

like a castle with a moat around it for protection. The drawbridge decides who comes in and who stays out. You five senses are like the drawbridge between the physical and mental/spiritual world. You can choose to look at something or you can close your eyes. Job wrote, *"I made a covenant with mine eyes; why then should I think upon a maid?"*  
Job 31:1

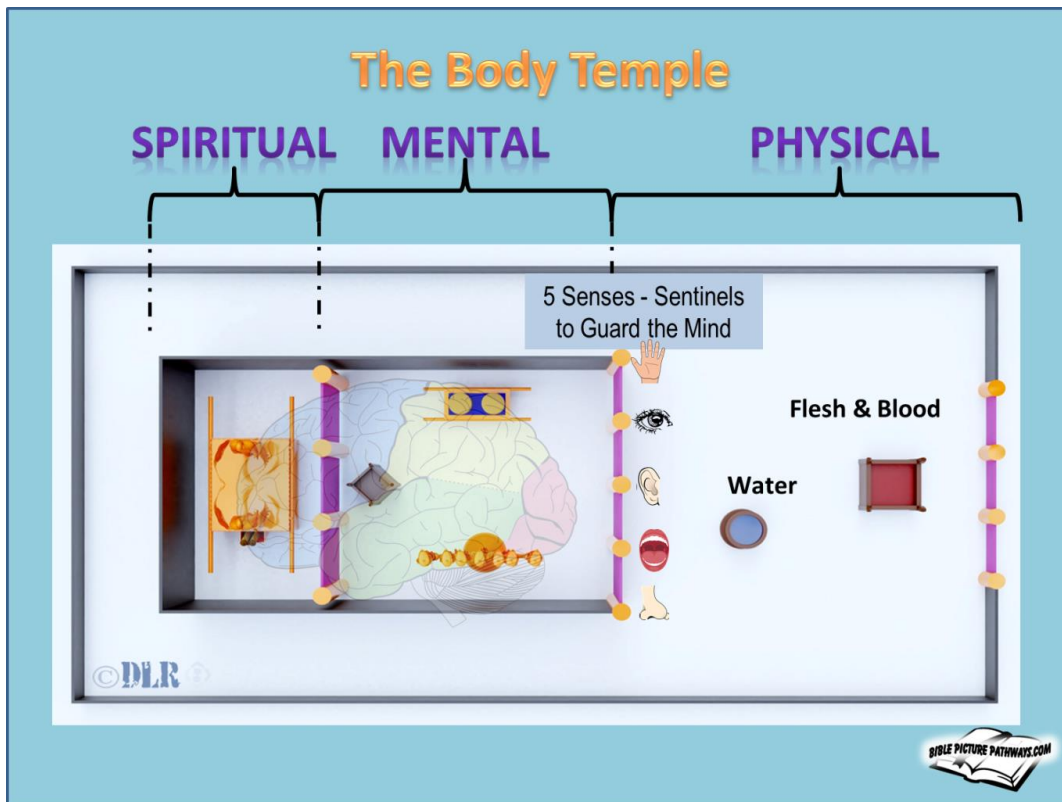
Peter admonishes us to close the drawbridge to evil, stating, *"Wherefore gird up the loins of your mind, be sober, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ;"*  
1 Peter 1:13

Isaiah explains the righteous who are cared for through the time of trouble will be those guarding their senses. *"The sinners in Zion are afraid; fearfulness hath surprised the hypocrites. Who among us*



*shall dwell with the devouring fire? who among us shall dwell with everlasting burnings? He that walketh righteously, and speaketh uprightly; he that despiseth the gain of oppressions, that shaketh his hands from holding of bribes, that stoppeth his ears from hearing of blood, and shutteth his eyes from seeing evil; He shall dwell on high: his place of defence shall be the munitions of rocks: bread shall be given him; his waters shall be sure. Thine eyes shall see the king in his beauty: they shall behold the land that is very far off.” Isaiah 33:14-17*

The book “Healthful Living” reiterates, *“All should guard the senses, lest Satan gain victory over them; for these are the avenues to the soul.” - T., V. III, p. 507. {HL 54.2}*



A book by the name of “Mind, Character, and Personality made the sanctuary parallel abundantly clear.

*“You will have to become a faithful sentinel over your eyes, ears, and all your senses if you would control your mind and prevent vain and corrupt thoughts from staining your soul. The power of grace alone can accomplish this most desirable work.”--2T 561 (1870). {1MCP 229.1}*

If you would keep you mind and soul clean you

must guard your senses well. What goes in your mouth can affect your mind as seen by drunk driving accidents. What goes in your nose can affect you mind as seen by drug users snorting drugs. What goes in your eyes and ears also affects you as can been seen in the licentious and violent behavior of those listening to heavy metal music and viewing garbage on TV and the internet. Even what you put on your skin or touch can negatively affect you as seen with medicated patches and fentanyl deaths. It is evident that mature Christians guard their senses enabling to better understand the deep things of God or spiritual “meat.” Paul wrote, *“But strong meat belongeth to them that are of full age, even those who by reason of use have their senses exercised to discern both good and evil.” Hebrew 5:14*

If we would be among the righteous, it’s time to guard our senses. As “Act of the Apostles” states, *“Those who would not fall a prey to Satan’s devices, must guard well the avenues of the soul; they must avoid reading, seeing, or hearing that which will suggest impure thoughts. The mind must not be left to dwell at random upon every subject that the enemy of souls may suggest. The heart must be faithfully sentineled, or evils without will awaken evils within, and the soul will wander in darkness. “Gird up the loins of your mind,” Peter wrote, “be sober, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ; . . . not fashioning yourselves according to the former lusts in your ignorance: but as He which hath called you is holy, so be ye holy in all manner of conversation; because it is written, Be ye holy; for I am holy.” {AA 518.2}*