



# The Bible Banner

June 2014



*A bright little boy once took the Bible from the center-table of his father's home, turned its dusty pages and said: "Mother, is this God's Book?" "Certainly," was the good mother's reply. "Well, I think we had better send it back to God, for we don't use it here," said the little fellow.*  
*Is your Bible dusty?*

## Better Franks

*Pictured with steamed cabbage*

**Preparation time about 35 minutes**

- |   |                                       |
|---|---------------------------------------|
| ½ cup almonds                               | 1¾ cup water                          |
| 2 tsp nutritional yeast                     | 1 tsp pero, a coffee substitute ¼ cup |
| olive oil                                   | ½ can tomato paste                    |
| 1 tsp onion powder                          | 1/2 tsp garlic powder *               |
| 2 tsp paprika                               | 1 tsp salt                            |
| 2 tsp Mock Lawry's seasoning                |                                       |
| 2 tbsp Non-GMO soy flour or split pea flour |                                       |
| 2 cups vital gluten flour                   |                                       |



Blend moist ingredients and almonds. Add seasonings and mix in a bowl with dry ingredients quickly. Form into sausage shaped rolls and bake on a baking sheet at 350° until stiff (about 25 – 30 minutes) *Makes about equivalent of 2 cans of franks.*

Hint: You can make the franks round and professional looking by wrapping them in parchment and aluminum foil, twisting the ends to tighten the rolls, and steaming them in a 9x13 pan.

\*Some people also prefer to use more tomato paste and additional garlic.

## Mock Lawry's Seasoning

- |                     |                       |                   |                      |
|---------------------|-----------------------|-------------------|----------------------|
| 1 cup salt          | 1/3 cup organic sugar | 1/3 cup paprika   | 3 Tbsp garlic powder |
| 2 Tbsp onion powder | 1 Tbsp celery seed    | <b>Blend All.</b> |                      |

## Profitable Traditions

**Cultivate Bible Study**-This is an extra tradition we call Rainbows of Promise, it may be used whenever you need something for your little ones (or not so little ones) to look forward to. This teaches them to search for hidden Bible treasure. *"We need to search the Scriptures, and dig deep in the mines of truth; for the precious jewels do not always lie on the surface; we should search for them as for hidden treasure."* (**Lift Him Up 23**) We write out Bible promises on small rainbow colored sheets of paper, roll them up and put a rubber band around them. Someone hides all of them and the children search for them. They get to open them, read them and choose their favorite one to share at our special worship. The worship consists of using our Bibles as a songbook and singing some of the scripture songs we know. We often do this more than once a year (at the request of the children). **Hint:** This eliminates any "need" for an Easter egg hunt.



# HAVE YOU LOOKED IN THE LIGHT SECTION?

"Have you looked *in your closet*?" The question resounded through the house. The days were growing warmer and my youngest son was looking for his jacket before we went into town. "I can't find it anywhere" he said.

"Have you looked for it --- *in your closet*?" I asked. He shook his head and made a few excuses for why it wouldn't be in the closet, while I proceeded to gather the rest of my things together. Presently, I peeked into the boy's room only to find my son pulling his jacket out of the closet. He turned and saw me watching and got a rather sheepish grin on his face.

Today many fail to look in the most obvious place for direction in life. "What should I wear? Where should I go? What should I watch? How shall I spend my time?" they question. God might well ask, "Have you looked for instruction in my Word?"

The Word itself states its usefulness for everyday living. *All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness.* 2 Timothy 3:16 In other words, Everything in the Scriptures is God's Word. All of it is useful for teaching and helping people and also for correcting and showing how to live. The religion of the Bible is not to be confined between the covers of a book: it is to order the daily life. It is to be interwoven with all we say or do, in every business transaction and in all our social relations.

**Today many fail to look in the most obvious place for direction in life.**

On another occasion, I had been told that fluorescent bulbs were not the best for health, but since we live off the grid and needed to use less power, I wasn't sure what to do. I became more distressed when one day I realized that our fluorescent bulbs wouldn't even make my solar calculator work. But I never got a chance to look for a replacement on the internet, (where everything is available). One day my brother called and was telling me about his new LED light bulb. As he expounded, I realized that was what I needed. "That's exactly what I need," I said. "I've been looking for something to replace my other bulbs. Where do you get those?"

"In the light bulb section, at the store," he answered very matter of factly. I had failed to look in the most obvious place for light. Many today do the same thing in life, for the Bible is the source of light. **Psalm 119:130** tells us, "*The entrance of thy words giveth light; it giveth understanding unto the simple*". **Isaiah 8:20** reiterates, "*To the law and to the testimony: if they speak not according to this word, it is because there is no light in them.*"



"I sure wish God said whether watching movies was a good pastime" I can almost hear people think.-- Have you looked in the light section? Have you looked in the Word? --- **Psalm 101:3** says, "*I will set no wicked thing before mine eyes: I hate the work of them that turn aside; it shall not cleave to me.*" **Psalm 119:37** further expounds, "*Turn away mine eyes from beholding vanity; and quicken thou me in thy way.*"

"I sure wish God said how to run a good business" others state.--Have you looked in the Word?-- **Luke 14:28** "*For which of you, intending to build a tower, sitteth not down first, and counteth the cost, whether he have sufficient to finish it?*" **Prov. 22:7b** reminds us, "*...the borrower is servant to the lender.*"

Others remonstrate, "It would just be a whole lot easier if the Bible talked about gambling."-- Have you looked in the Word?-- **Prov.28:20** "*A faithful man shall abound with blessings: but he that maketh haste to be rich shall not be innocent.*" **Prov. 13:11** "*Wealth gotten by vanity [in haste] shall be diminished: but he that gathereth by labour shall increase.*"

At the end of the day we must confess with David and Jeremiah, "O LORD, I know that the way of man is not in himself: it is not in man that walketh to direct his steps." (Jer.10:2) but, "*Thy Word is a lamp unto my feet, and a light unto my path.*" **Psalm 119:105** Praise God, we have light in a dark world, if we would but look for it-- in the Word!



## Fishy Food?



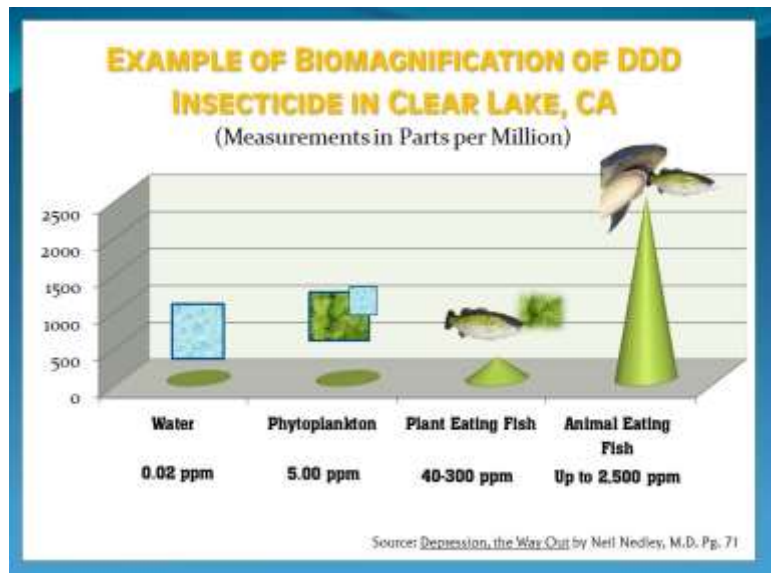
In 1990 a study published in the **Journal of American Medical Association** listed **poor diet and inadequate exercise as the leading underlying factor that caused death**. It topped both tobacco and alcohol which filled places 2 and 3. (Proof Positive pg. 2) This fact shows that we need to think seriously about what we put in our mouths. Unfortunately the average American, in their lifespan will make his stomach the graveyard to 15 cows, 24 hogs, 12 sheep, 900 chickens and 1,000 pounds of fish and fowl. (Guilt-free Gourmet, pg. 372) But is this really the most healthful option?

I always like to start my decision-making processes with the Bible, because so-called "science" is ever changing but, *"The counsel of the LORD standeth for ever, the thoughts of his heart to all generations"*. (Psalm 33:11) So you might ask, how do you come up with a vegetarian diet from the Bible, when those who are honest will recognize that even Christ ate fish? The original diet prescribed by God for man was fruits, nuts and grains. (Gen. 1:29) Vegetables were added after sin. (Gen. 3:18) This original diet will be restored again. *"For, behold, I create new heavens and a new earth: ....The wolf and the lamb shall feed together, and the lion shall eat straw like the bullock:.. They shall not hurt nor destroy in all my holy mountain, saith the LORD."* Isaiah 65:17,25

In Gen. 9:3-5 we are told that after the flood, meat was permitted, but it would cost the blood of their lives *"Every moving thing that liveth shall be meat for you; even as the green herb have I given you all things. But flesh with the life thereof, which is the blood thereof, shall ye not eat. And surely your blood of your lives will I require; at the hand of every beast will I require it..."* Only the meat of clean animals (largely, those that were not carnivores or scavengers) was permitted, but the fat and the blood of these was not allowed to be eaten. (Lev. 3:17, Lev. 11, Deut. 14, Gen. 7:1, 2)

Today we recognize God's permitting a very limited plan of meat eating was way ahead of "science." Not eating animal fat protects against heart disease. Not eating the blood protects against blood-borne pathogens, and eating only clean animals protects to a degree against toxic overload. But today the earth is waxing old like a garment. (Isaiah 51:6) Toxins in the environment are more numerous than they have ever been before in history. The fact is that the further up the food chain an animal is, the more the toxins it accumulates. According to a statement by the EPA, *"Aquatic organisms may bioaccumulate environmental contaminants to more than 1 million times the concentration detected in the water..."*

(Vol. 1, Fish Sampling and Analysis-Second Edition. September 1995)



You can see how even mildly polluted water produces super-polluted fish. In addition, animals that used to be plant eating are now fed dead animals, hormones, steroids, antibiotics and GMO's. But those must be a topic for another time. In the meantime, we would do well to *"hearken diligently..., and eat ... that which is good,"* Isaiah 55:2



### Little Runner Health Tip

**Bonita the Butterfly** drinks nectar from lots of different colors of flowers. People need to eat lots of different colors of fruits and vegetables.

### Quotable Quotes

*"A Bible that's falling apart usually belongs to someone who isn't."*

— Charles H. Spurgeon





## ***"THROW AWAY MY RICE?... NEVER!!!"***

*"For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart."*

**Hebrews 4:12**

A story is told of a Chinese man who purchased a microscope. He was thrilled with his purchase, and marveled at all of the exquisite details he beheld through its lenses.

But one day his excitement ended. The man looked at his rice through the lenses. Now, rice was his favorite food, but when he looked through his microscope, he saw what he never wanted to--Bugs. Creeping and crawling all throughout his rice were little tiny bugs. Now what was he to do with his rice?

Well, he did nothing with the rice. After all, it was his favorite food. Instead, taking a rock, he smashed the microscope that had shown him the offensive bugs.

Although this does seem rather silly, many people do the same thing with the Word of God. When the Word of God points out that a favorite activity or pastime has sinful bugs in it, they throw out the Bible instead of the sinful practice.

Has God's word pointed out bugs of sin in your life? If so, the problem will not be fixed by throwing out the Bible. Instead, ask Jesus to help you get rid of the bugs. He died to free you from your sins. He will help you, for charity

*"Rejoiceth not in iniquity, but rejoiceth in the truth;" 1 Cor. 13:6*



### **Does The Bible Say It's So**



*1. When you turn to Scripture  
subjects,  
And desire the truth to know,  
Test it always by the question:  
"Does the Bible say it's so?"*

***Chorus:** Does the Bible say it's true?  
Does the Bible say it's so?  
Does it match with every scripture?  
Does the Bible say it's so?*

*2. Legions you will find of errors,  
And they'll make a pompous show,  
But they wither 'neath the question:  
"Does the Bible say it's so?"*

*3. Take no counsel, creed or doctrine,  
Heed no teacher high or low,  
Ere you test them by the standard:  
"Does the Bible say it's so?"*

*4. Many grope their way in darkness,  
For blind guides so bid them go,  
Never in their hearts inquiring:  
"Does the Bible say it's so?"*

*5. When you meet a troubled brother,  
And to him the truth would show,  
You may teach it simply, bravely:  
For the Bible says it's so.*

**Verses by C. H. Edwards, Compiled to be Sung to the tune of Beachspring, Come all  
Christians be Committed, Come ye Sinners Poor and Needy by R. Roberts**





# Learning how to Study the Bible -from the Bible

When we are met with a doctrine it would be well to have a method of Bible study by which we may determine what is truth.

**2 Timothy 2:15** *"Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth."* ■ The Scriptures command us not only to study but \_\_\_\_\_ the word of truth?

**The Bible should be the rule of faith. Thus, we must study it for ourselves, the Holy Spirit being our only guide.**

**John 16:13** *"Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come."* ● The Holy Spirit will guide us into \_\_\_\_\_."

**Acts 17:11** *"These were more noble than those in Thessalonica, in that they received the word with all readiness of mind, and searched the scriptures daily, whether those things were so."* 🎵 We should search the scriptures to determine \_\_\_\_\_.

## Dig Deep, Put Forth Quality Time and Effort

*"Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:"* **Matthew 7:7**

*"Yea, if thou criest after knowledge, and liftest up thy voice for understanding; If thou seekest her as silver, and searchest for her as for hid treasures; Then shalt thou understand the fear of the LORD, and find the knowledge of God."* **Proverbs 2:3-5** ♦ We are to search for truth as for \_\_\_\_\_.

**The Bible is its own expositor. One passage will prove to be a key that will unlock other passages, and in this way light will be shed upon the hidden meaning of the word. By comparing different texts on the same subject, viewing their bearing on every side, the true meaning of the Scriptures will be made evident.**

*"Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual. But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned."* **1 Corinthians 2:12-14**

*"Whom shall he teach knowledge? and whom shall he make to understand doctrine? them that are weaned from the milk, and drawn from the breasts. For precept must be upon precept, precept upon precept; line upon line, line upon line; here a little, and there a little: For with stammering lips and another tongue will he speak to this people."*

**Isaiah 28:9-11**

**"Apply thyself wholly to the scriptures, and the scriptures wholly to thyself"**

**Much of the Bible is written in pictures, thus, a physical disease, such as leprosy, teaches us about a spiritual disease - sin.**

*"Howbeit that was not first which is spiritual, but that which is natural; and afterward that which is spiritual."*

**1 Cor.15:46**

*"Now all these things happened unto them for ensamples: and they are written for our admonition, upon whom the ends of the world are come."* **1 Cor. 10:11** — The Bible was written for those of us at \_\_\_\_\_

\_\_\_\_\_. For more Bible Study Tips visit [biblepicturepathways.com](http://biblepicturepathways.com)

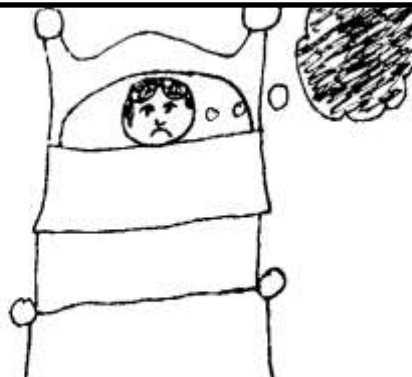


**Answers** ■ rightly divide ● all truth 🎵 whether these things are so ♦ hidden treasure — the end of the world

**MEMORY TEXT:** Psalms 34:7 *"The angel of the LORD encampeth round about them that fear him, and delivereth them."*



Christian paid attention when, during family worship, his father read about how angels protect us. He went right to sleep that night knowing that an angel was protecting him.



Carnal did not pay attention during family worship. When he went to bed, he couldn't go to sleep because he was scared of the dark.

## God's Amazing Creatures

The Platypus is a good swimmer. Platypuses live in small streams and rivers in parts of Australia and Tasmania. Unlike most animals with fur, the platypus lays eggs. The baby platypuses are very cute. The mother teaches her baby platypus to swim and hunt for treasures (Like food). God, our Father in heaven is trying to teach us to study and to hunt for treasures in His word, the Bible.



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