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A QUARTERLY NEWSLETTER WITH THE PURPOSE OF SHARING NEWS REGARDING THE WORK BEING DONE IN NAMIBIA, FOR THE UPLIFTING AND ENCOURAGEMENT OF FELLOW CHRISTIANS AND TO SERVE AS A PLATFORM FOR LIKE MINDED CHRISTIANS TO SHARE TESTIMONIES OF CHRIST'S WORKINGS IN THEIR LIVES. TO BE AN OBJECT OF REFLECTION, REFLECTING THE BEAMS OF LIGHT RECEIVED FROM THE TRUE LIGHT.

God, having raised up his Son Jesus, sent him to bless you, in turning away every one of you from his iniquities.

**ACTS 3:26**



## SCIENCE AND THE BIBLE IN EDUCATION

**The foundation of all right education is a knowledge of God.** Many parents who make great sacrifices to educate their children, seem to think that a well-trained intellect is more essential than a knowledge of God and his truth. They neglect to train up their children in the nurture and admonition of the Lord, and act as though they supposed this important part of education would come naturally, as a matter of course. But the first and most important lesson to be impressed upon young minds is the duty of regulating the life by the principles of the word of God.

Parents and teachers should make God first. The influence of his Spirit purifies the heart and stimulates the intellect. If the fear of God is made the basis of education, the result will be a well-developed and symmetrical character, one that is neither dwarfed nor one-sided. Care should be taken to keep constantly before the mind the fact that we are dependent on God, and that we owe him willing obedience, a life-time of loving service. The true object of education is to fit us for this service by developing and bringing into active exercise every faculty that we possess. Satan desires to defeat this object. He is the great enemy of God, and it is his constant aim to lead souls away from their allegiance to the King of Heaven. He would have minds so trained that men and women will exert their influence on the side of error and moral corruption, instead of using their

talents in the service of God, to save souls and bless society. His object is effectually gained, when, by perverting their ideas of education, he succeeds in enlisting parents and teachers on his side; for a wrong education often starts the mind on the road to infidelity.

The conclusions which learned men have reached as the result of their scientific investigations are carefully taught and fully explained; while the impression is distinctly given that if these learned men are correct, the Bible cannot be. These philosophers would make us believe that man, the crowning work of creation, came by slow degrees from the savage state, and that farther back, he was evolved from the race of brutes. They are so intent upon excluding God from the sovereignty of the universe, that they demean man, and defraud him of the dignity of his origin. Nature is exalted above the God of nature; she is idolized, while her Creator is buried up and concealed from sight by science falsely so-called

Cold philosophical speculations, and scientific research in which God is not acknowledged, are a positive injury. The thorns of skepticism are disguised; they are concealed and made attractive by the bloom and verdure of science and philosophy. Skepticism is attractive to the human mind. The young see an independence in it that captivates the imagination, and they are deceived. Satan triumphs; it is altogether as he meant it should be. He nourishes every seed of doubt that is sown in young hearts. He causes it to

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grow and bear fruit, and soon a plentiful harvest of infidelity is reaped. Teachers who sow these doubts do not lead the mind through the mist of unbelief to faith in the inspired word. But ignorance of God, of his might, his infinity, and his majesty, is the real reason that there is an infidel in the world.

Many teach that matter possesses vital power. They hold that certain properties are imparted to matter, and it is then left to act through its own inherent power; and that the operations of nature are carried on in harmony with fixed laws, that God himself cannot interfere with. This is false science, and is sustained by nothing in the word of God. Nature is not self-acting; she is the servant of her Creator. God does not annul his laws nor work contrary to them; but he is continually using them as his instruments. Nature testifies of an intelligence, a presence, an active agency, that works in, and through, and above her laws. There is in nature the continual working of the Father and the Son. Said Christ, *"My Father worketh hitherto, and I work."*

God has finished his creative work, but his energy is still exerted in upholding the objects of his creation. It is not because the mechanism that has once been set in motion continues its work by its own inherent energy that the pulse beats and breath follows breath; but every breath, every pulsation of the heart, is an evidence of the all-pervading care of Him in whom we live and have our being. It is not because of inherent power that year by year the earth produces her bounties and continues her motion around the sun. The hand of God guides the planets, and keeps them in position in their orderly march through the heavens. It is through his power that

vegetation flourishes, that the leaves appear and the flowers bloom. His word controls the elements, and by him the valleys are made fruitful. He covers the heavens with clouds, and prepares rain for the earth; he *"maketh grass to grow upon the mountains."* *"He giveth snow like wool; he scattereth the hoar frost like ashes."* *"When he uttereth his voice, there is a multitude of waters in the heavens, and he causeth the vapors to ascend from the ends of the earth; he maketh lightnings with rain, and bringeth forth the wind out of his treasures."*

Parents and teachers should aim to impress minds with the beauty of truth. They should realize that the safety of the young depends upon combining religious culture with general education, that they may escape the snare of unsanctified knowledge. Who and what are the men of learning, that the minds and characters of the young should be moulded by their ideas? They are not connected with the great Source of wisdom; and if they do not actually deny God, they at least lose sight of his direct agency in the operations of nature. But his care is over all the works of his hands. Nothing is too great to be directed by him; nothing is too small to escape his notice.

God is the foundation of everything. All true science is in harmony with his works; all true education leads to obedience to his government. Science opens new wonders to our view; she soars high and explores new depths; but she brings nothing from her research that conflicts with divine revelation. Ignorance may seek to support false views of God by appeals to science; but the book of nature and the written word do not disagree; each sheds light on the other. Rightly understood, they make us acquainted with God and his character by teaching

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us something of the wise and beneficent laws through which he works. We are thus led to adore his holy name, and to have an intelligent trust in his word

**The Bible should be read every day. It is the correct standard of right and wrong and of moral principle.** A life of devotion to God is the best shield for the young against the temptations to which they are exposed while acquiring an education. The first consideration should be to honor God; the second to be faithful to humanity, performing the duties and meeting the trials that each day brings, and bearing its burdens with firmness and courage. Earnest and untiring effort, united with strong purpose and entire trust in God, will help in every emergency, and will qualify for a useful life. Such a life is a series of triumphs, not always seen and understood, but reaching far into the future, when we shall see as we are seen and know as we are known.

If we work in harmony with the Spirit of God, we shall see of his salvation. **The education begun here will not be completed in this life; it will be going forward through all eternity,--progressing ever, never completed.** Day by day the wonderful works of God, the evidences of his miraculous power in creating and sustaining the universe, will open before the mind in new beauty and grandeur. In the light that shines from the throne, mysteries will disappear, and the soul will be filled with astonishment at the simplicity of the things that were never before comprehended. – Mrs. EG White

**I have made the earth, and created man upon it: I, even my hands, have stretched out the heavens, and all their host have I commanded. – Isaiah 45:12**

## THE ASTRONOMER AND THE ATHEIST.

There is a charming story told of an old astronomer called Athenasius Kirchner, who had a friend professing to be an atheist, and he determined to convince his atheistic friend of his mistake. Accordingly he constructed, with great care, an orrery, or image of the planets moving round the sun, and he placed the ingenious toy in the observatory when his friend was calling. Directly his friend entered, his attention was directed to the orrery. He came and examined it with great delight, and then he said to the astronomer, *"This is beautifully made; who made it?"* Kirchner answered, *"No one made it."* *"What do you mean?"* said the man. *"Oh,"* said Kirchner, *"it came by chance."* *"But"* said the man, *"you are trifling with me. Tell me who made it. It is impossible that it should come by chance."* *"Is it impossible?"* said Kirchner; *"I thought you told me that the planetary system, of which this is but a very imperfect and trivial copy, came by chance. Why not the copy?"*

And that searching question has come home to every human mind, and the man who thinks he is an atheist is only an atheist because he does not think; he cannot steadily inquire into the origin of an ordered world without the great discovery that there is a God behind the world. - Dr. Horton.



"Orrery" Source: cacitches.com



### Two types of Education

*“And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent. And we know that the Son of God is come, and hath given us an understanding, that we may know him that is true, and we are in him that is true, even in his Son Jesus Christ. This is the true God, and eternal life.”  
- John 17:3; 1 John 5:20*

To know God and to abide in him is to have eternal life.

**How does one obtain a knowledge of God and learn how to abide in Him?**  
It says Jesus came to give them an understanding; he came and taught them, he gave them a proper education. This education, as taught by Jesus, leads to eternal life.

*[Read Revelation 14:6-12]*

We find that in the time of the end Jesus gives three very important messages that should go to the world...the *Three Angels Messages*.

The very first angel gives a message stating that we are to worship the Creator of heaven and earth.

*“And I saw another angel fly in the midst of heaven, having the everlasting gospel to preach unto them that dwell on the earth, and to every nation, and kindred, and tongue, and people, Saying with a loud voice, **Fear God, and give glory to him**; for the hour of his judgment is come: and **worship him that made heaven, and earth, and***

*the sea, and the fountains of waters.”*  
– Revelation 14:6-7

In order to worship the Creator, we need to know who He is. This is why Paul said: *“For as I passed by, and beheld your devotions, I found an altar with this inscription, **TO THE UNKNOWN GOD. Whom therefore ye ignorantly worship, him declare I unto you.**”* – Acts 17:23

Paul came to give them a proper education on who God is, he helped them to obtain a knowledge of God so that they too might have eternal life. He taught them on how to worship God in truth.

*“God is a Spirit: and they that worship him must worship him in spirit and in truth.”* – John 4:24

It is obvious that a truthful education is not just part of the three angels’ messages and therefore highly important, but it is a necessity; and where better can we start to obtain a better knowledge on education, than in the beginning.

### In The Beginning....The Two Types of Schools

*“And out of the ground made the LORD God to grow every tree that is pleasant to the sight, and good for food; the tree of life also in the midst of the garden, and the tree of knowledge of good and evil.”* – Genesis 2:9

We see that in the midst of the garden there was a “tree of life”, and since we

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are taught that it is a knowledge of God that leads to eternal life it is safe to say that the “*tree of life*” is a place where one can obtain a knowledge of God, or a knowledge of Good.

Jesus said: “... *Why callest thou me good? **there is none good but one, that is, God**: but if thou wilt enter into life, keep the commandments.*” – **Matthew 19:17**

So the tree represents a place of obtaining knowledge, or if you will, an “Institution of learning”, an “Educational centre” or “School”. We read that it was Jesus who came to earth to give man an understanding of God, He was the Educator. And since the Bible teaches that Jesus was the Creator, it is clear that He was the Educator as well in Adam and Eve’s time.

*“In the beginning was the Word, and the Word was with God, and **the Word was God**. The same was in the beginning with God. **All things were made by him**; and without him was not any thing made that was made. ...And **the Word was made flesh, and dwelt among us**, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth.”* – **John 1:1-3,14**

Sadly, just like today there is a second “school”, the “*tree of knowledge of good and evil*”. This place seems to give an education or understanding of Good and Evil. [*What? So it’s not a tree of good against a tree of evil?*] No. It is a tree of knowledge of both good and evil mixed\* together. This makes it so much more deceptive yet at the same time attractive to those looking for good. And as we will read it will be clear that the educator for this institution is non-other than satan working through the snake.

*\*Compare the feet in Daniel 2 (**Iron mixed with clay**)*

Now if the “school” which gives a knowledge of Good leads to life, what about the “school” which gives a knowledge of good and evil?

*“And the LORD God commanded the man, saying, Of every tree of the garden thou mayest freely eat: **But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die.**”* – **Genesis 2:16-17**

Obtaining an education from an institution that mixes good and evil leads to Death.

### The Character of God

If we look through the Bible at the Character of God, we will see that it is *Good, Holy, Perfect, Love, Truth, Unchanging, Everlasting, Just, Spiritual and Righteous.*

- **Luke 18:19; Isaiah 5:16; Deuteronomy 32:4; Matthew 5:48; 1 John 4:8; Exodus 9:27; Deuteronomy 32:4; 1 John 3:3; John 4:24; Malachi 3:6; Genesis 21:33**

Yet if we look at God’s law it states the same, the law is in fact a transcript or written record of God’s character. His character is revealed in the Law. – **Romans 7:12, 14; 13:10 Psalms 19:8-10; 111:7, 8; 119:142, 151; Matthew 5:18**

Why is this important and how is this connected to the two types of “schools”?

Well, since the law is part of God’s character, giving a knowledge of God then includes giving a knowledge of His law.

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*“And hereby we do know that we **know him, if we keep his commandments.** He that saith, **I know him, and keepeth not his commandments, is a liar, and the truth is not in him.** But whoso **keepeth his word**, in him verily is the **love of God perfected**: hereby know we that **we are in him.** He that saith he **abideth in him** ought himself also so to **walk, even as he walked.**” – **1 John 2:3-6***

We read in the beginning that Jesus came to give us a knowledge of God and how to abide in Him, this is essential in order for us to be saved. We also saw that a knowledge of God includes a knowledge of God’s law and now Jesus says, the way to know if you are getting the right type of education, if you are getting a knowledge of God, will be seen in your fruits. Are you keeping God’s commandments? It also says to abide in God is to walk as God.

*“For even **hereunto were ye called**: because Christ also suffered for us, **leaving us an example, that ye should follow his steps**: Who **did no sin, neither was guile found in his mouth**: Who, **when he was reviled, reviled not again**; **when he suffered, he threatened not**; but committed himself to him that judgeth righteously:” – **1 Peter 2:21***

The life of Christ is an example set forth for us to follow in, abiding in God is walking in the footsteps of Christ, following the example of Christ.

If ye keep my commandments, ye shall abide in my love; even as **I have kept my Father's commandments**, and abide in his love. – **John 15:10**

It says Jesus did not break His Father’s commandments but kept them, and so

should we through Christ’s strength and not our own. – **Philippians 4:13**

### **Thou Shalt Surely Die**

*“Moreover Manasseh shed innocent blood very much, till he had filled Jerusalem from one end to another; beside his sin wherewith he **made Judah to sin, in doing that which was evil in the sight of the LORD.**” – **2 Kings 21:16***

The Bible tells us that evil is sin, sin is evil, they are synonymous. God warned Adam and Eve and told them if they ate from the “the tree of knowledge of good and evil.”, **they would surely die.** Why?

Well, **death is the wages of sin and sin is the breaking of God’s law.** – **Romans 6:23; 1 John 3:4**

That means although this “school” has an aspect of good to it, the emphasis is on abiding in evil, or sin, which leads to death.

Any School professing to teach a knowledge of God but of which the underlying principles is to break God’s law and abide in sin is a “tree of knowledge of good and evil” which will lead to the eternal death of its students.

Another key factor to look out for is when at these schools they very *subtly* question the Word of God, as did Satan when educating Eve.

*“Now the serpent was more **subtil** than any beast of the field which the LORD God had made. And he said unto the woman, **Yea, hath God said, Ye shall not eat of every tree of the garden?**” – **Genesis 3:1***

Or saying God did not really mean what He said and then trying to say what God actually means, which directly contradicts what God had said.

*“And the woman said unto the serpent, We may eat of the fruit of the trees of the garden: But of the fruit of the tree which is in the midst of the garden, God hath said, Ye shall not eat of it, neither shall ye touch it, lest ye die. And the serpent said unto the woman, Ye shall not surely die: God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil.” – Genesis 3:2-5*

Then added to this are the promises of the attainments to be achieved when enrolled in these schools.

*“And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her; and he did eat.” – Genesis 3:6*

These schools draw people to it by the way they present themselves through their brochures, websites, buildings, subjects, etc. They want to leave the impression on the potential student that if they go through this system of education **they will be someone.**

*“**Greater love hath no man than this, that a man lay down his life for his friends... For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.**” – John 15:13; 3:16*

*You are someone, someone loved so much by God that He came to lay down His life for you that you might be saved. We do not need to go through*

*the wrong type of education to become someone, we are someone and therefore we need to go through the right type of education that we might be with our Saviour God.*

### **The World a School**

Since the fall of humankind the world has fallen into the hands of Satan. He is as real as you and me and his purpose is to get you enrolled in his school. He wants you dead.

*“... Woe to the inhabitants of the earth and of the sea! for **the devil is come down unto you, having great wrath, because he knoweth that he hath but a short time. Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:**” – Revelation 12:12; 1 Peter 5:8*

**He uses anything and everything he can get his hands on to keep you from enrolling in God’s school where you will get the type of knowledge that will lead to eternal life.**

This is why the Bible says, *“love not the world.”*

*“I have written unto you, fathers, because **ye have known him that is from the beginning.** I have written unto you, young men, because ye are strong, and **the word of God abideth in you, and ye have overcome the wicked one.** Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world. And the world passeth away, and the lust thereof: but he that*

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***doeth the will of God abideth for ever.*** – 1 John 2:14-17

### **The world is Satan's Educational Institution.**

Before Sin, the whole world was good and you could only get an education from Satan at this one "school/tree". But since the fall of man, the whole world was filled with sin and now these institutions are everywhere. You can now only get a true education from God, from His Word or an institution that gives a knowledge of Good and how to abide therein.

Satan has today placed into almost every home an instrument of education, the Television. What better way to educate the whole world at once. It gives a knowledge of good and evil and never gets weary. It teaches from the morning till evening, sometimes longer. We may argue that it teaches good as well. Yes, and so did the "tree of knowledge of good and evil". Yet if we are truly honest with ourselves, do we really only look at the good things? The longer we remain in this education the harder it will become to know the difference between good and evil. We spend more time in front of this instrument used by Satan than with God's Word which will give us an education that leads to life. It might be difficult to break free from it but by God's Grace and His help you can break free and start enjoying more of the important things in life.

### **The Three Angels**

In the time we are now living in, no one can argue that the world is out of control. Everything is moving to this one big climax where decisions will have to be made, either for God or the world.

In order to be able to make the right decisions God has sent us these messages as presented through the three angels flying in the middle of the sky.

#### **The First Angel:**

*"And I saw another angel fly in the midst of heaven, having **the everlasting gospel** to preach unto them that dwell on the earth, and to every nation, and kindred, and tongue, and people, Saying with a loud voice, **Fear God, and give glory to him; for the hour of his judgment is come: and worship him that made heaven, and earth, and the sea, and the fountains of waters.**" - Revelation 14:6-7*

The first angel is about The Creator and the truths as revealed in His Word, how we are to know God and abide in Him; How we are to be grounded in Him and His truths. And how we are to share this message with others.

#### **The Second Angel:** *(In connection with the Angel of Revelation 18)*

*"And there followed another angel, saying, **Babylon is fallen, is fallen, that great city, because she made all nations drink of the wine of the wrath of her fornication.**" – Revelation 14:8*

*"And after these things I saw another angel come down from heaven, having great power; and the earth was lightened with his glory. And he cried mightily with a strong voice, saying, **Babylon the great is fallen, is fallen, and is become the habitation of devils, and she hold of every foul spirit, and a cage of every unclean and hateful bird. For all nations have drunk of the wine of the wrath of her fornication, and the kings of the earth have committed fornication with her, and the merchants of the earth are waxed rich through the abundance of her delicacies. And I heard another voice***

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from heaven, saying, *Come out of her, my people, that ye be not partakers of her sins, and that ye receive not of her plagues. her sins have reached unto heaven, and God hath remembered her iniquities....Therefore shall her plagues come in one day, death, and mourning, and famine; and she shall be utterly burned with fire: for strong is the Lord God who judgeth her.*" – **Revelation 18:1-5,8**

In short, this Angel talks about getting out from sin, there is a judgment pronounced on all the "Institutions" and/or instruments used by Satan to educate people in the "knowledge of Good and Evil". If we did not adhere to the first angel and get to know God and His truth, this step would be impossible for us to follow. We will not know the difference between Good and evil.

"...for by **the law is the knowledge of sin.** ...What shall we say then? Is the law sin? God forbid. Nay, **I had not known sin, but by the law:** for I had not known lust, except the law had said, Thou shalt not covet." – **Romans 3:20; 7:7**

Being unfamiliar with God's law or His character will prevent you from knowing what sin is, you will not know what is wrong, therefore through ignorance, you will still be a partaker of these sins, and the plagues promised will be upon you as well.

Skipping the first angel will prevent you from doing what the second angel says, but following the first angel and not doing what the second angel commands still puts you under the punishment of plagues. The first as well as the second angel is to be adhered to in order to be able to stand during the third Angel.

### **The Third Angel:**

"**If any man worship the beast and his image, and receive his mark in his forehead, or in his hand, The same shall drink of the wine of the wrath of God,** which is poured out without mixture into the cup of his indignation; and he shall be tormented with fire and brimstone in the presence of the holy angels, and in the presence of the Lamb: the smoke of their torment ascendeth up for ever and ever: and they have no rest day nor night, **who worship the beast and his image, and whosoever receiveth the mark of his name. Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus.**" – **Revelation 14:9-12**

Listening and obeying the first two angels will help us to not only know what the third angel's message is about but will enable us to stand for God and not compromise on this issue, we will make the right choice. But if we failed in any of the first two angels or even just one of them, then we can be sure we will fall in the third one and accept the mark of the Beast and worship Him.

Here are the patience of the Saints, they who did not fall in the third angel, who did not accept the mark of the beast, who followed the first two angels: they are the ones who have kept God's commandments, all ten of them, and have held on to the faith of Jesus, a faith which overcomes sin. They have walked in His footsteps following His example. This is only possible if you attend the right school.

These things are playing out right now, in which educational institution do you want to enroll?

*"God, having raised up his Son Jesus, sent him to bless you, in turning away every one of you from his iniquities."*-  
**Acts 3:26**

In loving kindness,  
C Fourie



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### LIVING BY FAITH.

In **Romans 1:17** we read, "**The just shall live by faith,**" and **2 Cor. 5:7** says, "*We walk by faith.*" Paul gives some examples of persons living after this manner:—

*"By faith Abel offered unto God a more excellent sacrifice than Cain, by which he obtained witness that he was righteous, God testifying of his gifts: and by it he being dead yet speaketh... By faith Noah, being warned of God of things not seen as yet, moved with fear, prepared an ark to the saving of his house ; by which he condemned the world, and became heir of the righteousness which is by faith."* **Heb. 11:4-7.**

As a result of their faith these persons were accounted righteous, and this shows that their faith was in Jesus, "*for there is none –other name given under heaven whereby we must be saved.*" When a person is first converted he exercises his faith by believing that there is power in the gospel to pardon his 'sins and to change his heart, When people do this they reveal the power of God in them. But as there are so many professed Christians who reveal no other power but their own, it is clearly demonstrated that they are not now living by faith.

The life of Christ in a person is a continual growth. In **Psalms 1:1-3** those who live righteously by keeping God's commandments are compared to a "*tree planted by the rivers of water, that bringeth forth his fruit in his season.*" Those in this condition are sure to "*grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ.*" **2 Peter 3:18.**

As righteousness (right doing) is wholly a result of faith in Jesus, it is plain that our faith also must grow. Paul writes to the Corinthians of the time when "*faith is increased*" (**2 Cor. 10:15, 16**), and in **2 Thess. 1:3** we have the matter stated thus :—

*"We are bound to thank God always for you, brethren, as it is meet, because that your faith groweth exceedingly, and the charity of every one of you all toward each aboundeth."*

While our faith grows, the' righteousness of Christ will be manifested more and more in us, and we will be thus fitted for the kingdom of God, into which Enoch was translated by faith. **Heb. 11:5.** All the inhabitants of the new earth will be prepared for it in this way, "*for by grace are ye saved through faith.*" **Eph. 2:8.**

*"Believe on the Lord Jesus Christ and thou shalt be saved"* is a similar expression.

This certainly is all that is necessary, but some people think that this text means only to believe that Jesus is the Son of God, and that He died for them. It does mean this, and more also; it means to believe just what the Bible says about Jesus. We read in **1 Cor. 2:24** that Christ is the "*Power of God,*" and in **Matt. 28:18** Jesus Himself tells us that "*all power is given*" unto Him in heaven and earth, so that He has

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sufficient to fulfil all promises to His people.'

To some of us the Lord has revealed truths which it seems hard to obey. Among these is His blessed Sabbath, which many have rejected because their lack of faith would not allow them to trust Jesus for His support. Then they go back and depend on that text, "*Believe on the Lord Jesus Christ and thou shalt be saved,*" for their salvation.

But when they will not trust Him to use His power in their behalf, their own actions show that they do not obey His command by believing on Him. Dear reader, Jesus not only desires you to be converted by faith, but to walk and be saved by it. There is no other way of salvation, for you.

Our great High Priest is still pleading for you to yield yourself to His control. He is a good Saviour; having opened the way before us, He invites us to walk in it by faith. He has pledged Himself to keep us from the power of evil, and to supply our needs; for, He says, "*bread shall be given him; his waters shall be sure.*" **Isa. 33:15, 16.** What He has "*promised,*" He is "*able also to perform.*" **Rom. 4: 21.**

*"Trust in the Lord, and do good; so shalt thou dwell in the land, and verily thou shalt be fed."* **Psalms 37:3.** - J. L. IMRIE.

\*\*\*

### HYPOCRITES

The most dangerous enemies of the church are not infidels and worldlings, but hypocritical Christians. An enemy is far-more powerful for evil in the camp than outside of it. One inconsistent Christian injures the cause

of religion more than five rampant infidels. One backslidden minister strikes a more thrilling blow at the church than a dozen of Ingersoll's most eloquent lectures. In view of this, it is an ominous sign that so many ministers are departing from the old faith, preaching the "*enticing words of men's wisdom,*" while they still pretend to be the elect of God. These men proclaiming falsehood from the pulpit, pandering to the spirit of the times with a perverted gospel, are the most powerful agencies of Satan in fighting the kingdom of God.

When, in the history of the people of Israel, the destruction of Ahab was desired, and the Lord planned how to effect it, the problem was solved in this way: A spirit came forth and stood before the Lord and said, "*I will persuade him; I will be a lying spirit in the mouth of his prophets.*" The plan met with approval, and the spirit, by speaking falsehood from the mouth of the prophet, accomplished Ahab's ruin when no other could have prevailed.

Give the devil the "*livery of Heaven,*" and he will lead more souls astray than he otherwise could. Put the deceitful, flattering words of human speculation into the form of a sermon, apparently supported by divine authority, and they are made thrice as potent for evil as usual. - *Christicoi World.*

*"Do you expect to go to heaven when you die?"* asked the teacher. One little hand was lifted at the back of the class. "*Well*" - "*mama said we could not go to heaven till the resurrection time, when Jesus comes to fetch us, and she read it out of the Bible, too.*" This answer made the teacher determine to examine her theology over again. **We can only depend upon that teaching which comes from the word of God.**

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# Health Page

## Health is all about LIFESTYLE! (Part 5)

Mrs. M Bunting

We discussed the Laws of Health, Godly Trust and Open Air, Daily Exercise, sunlight and we now move on to **Proper Rest**.

### G O D 'S P L A N.

G – Godly Trust  
O – Open Air  
D – Daily Exercise  
S - Sunlight  
P – Proper Rest  
L – Lots of Water  
A – Always Temperate  
N – Nutrition

Proper Rest is a problem area for many individuals as a hurried and overtaxed lifestyle became the norm. The Rat race as some calls it. After a long day's work people hurry home to prepare food, take care of children and homework, do things in and around the house, then to further the problem many stay up later for further work, television or Internet activities, then to top it all many take sleeping pills because they can't sleep.

### The results:

Get up tired in the morning – Lack of proper rest

They have no appetite – because the late meal and snacking from the previous night is still in the stomach.

And so the rat race continues.....

Most of the advice out there is swallow this or inject that, yet rest is one of the

most basic healers known to mankind. When we become sick the first thing a person wants to do is REST.

**The problem is we are not getting any rest. And rest is critical to proper health!**

**Gen 2:2** *And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made.*

- The greatest remedy for being tired is **SLEEP**.
- The body requires plenty of rest to heal.
- Sleep is the greatest rejuvenator; it restores strength to muscles, nerves and brain.
- During sleep the body repairs, reenergizes, and prepares for renewed activity.

### Rest is not only sleep!

- Physical Rest – sitting, lying down, or just relaxing. Not eating late at night or before bed. In many individual's lives the stomach is the most over worked organ. Late meals are the cause of that.
- Sensory Rest – quietness and refraining from using the eyes.
- Emotional Rest – by withdrawing from the ups and downs caused by personal interaction.

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- **Mental Rest** – This is obtained by detaching the mind from all intellectual demands or activity. One reason many people have nervous breakdowns is that they go at life High speed without adequate rest, and the body machinery breaks under the load.

### **Spiritual Thought**

Mat 11:28 *Come unto me, all ye that labour and are heavy laden, and I will give you rest.*

A life in Christ is a life of restfulness. There may be no ecstasy of feeling, but there should be an abiding, peaceful trust. Your hope is not in yourself; it is in Christ. Your weakness is united to His strength, your ignorance to His wisdom, your frailty to His enduring might. . . . We should not make self the center and indulge anxiety and fear as to whether we shall be saved. All this turns the soul away from the Source of our strength. Commit the keeping of your soul to God, and trust in Him. Talk and think of Jesus. Let self be lost in Him. Put away all doubt; dismiss your fears. Say with the apostle Paul, *"I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave Himself for me"* (Galatians 2:20). Rest in God. He is able to keep that which you have committed to Him. If you will leave yourself in His hands, He will bring you off more than conqueror through Him that has loved you. [STEPS TO CHRIST, PP. 70-72.] {NL 40.4}

### **Walnuts**

Walnuts are a good source of tryptophan, a sleep-enhancing amino acid that helps make serotonin and melatonin, the "body clock" hormone that sets your sleep-wake cycles. Additionally, University of Texas researchers found that walnuts contain their own source of melatonin, which may help you fall asleep faster.

### **Almonds**

Almonds are rich in magnesium, a mineral needed for quality sleep. A study published in the *Journal of Orthomolecular Medicine* found that when the body's magnesium levels are too low, it makes it harder to stay asleep.

### **Chamomile Tea**

Steeping a cup of chamomile tea will help you sleep. According to researchers, drinking the tea is associated with an increase of glycine, a chemical that relaxes nerves and muscles and acts like a mild sedative.

### **Honey**

The natural sugar found in honey slightly raises insulin and allows tryptophan to enter the brain more easily, according to nutritionist Lindsey Duncan. A spoonful before bed or mixed with chamomile tea could give you a more restful sleep.

### **PROMISE**

**"Why art thou cast down, O my soul? and why art thou disquieted within me? hope thou in God: for I shall yet praise him, who is the health of my countenance, and my God." – Psalm 42:11**

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# RECIPES

## SLEEPY TEA

### Directions:

### Ingredients:

1 tablespoon dried lemon balm  
 2 teaspoons dried peppermint  
 1 teaspoon fennel seeds  
 1 teaspoon dried rose petals  
 1 teaspoon dried lavender flowers  
 honey – use sparingly

1. Place a kettle of filtered water onto the stove and bring to a boil.
2. While the water comes to a boil, place herbs and spices into a mortar and crush with a pestle until roughly combined. Transfer to a teapot, pour boiling water over the herbs and steep for three to five minutes.
3. Strain and serve with honey.

## BE CHRISTLIKE

A Christian should be a striking likeness of Jesus Christ. You have read lives of Christ. beautifully and eloquently written, but the best life of Christ is his living biography, written out in the words and actions of his people. If we were what we profess to be, and what we should be, we should be pictures of Christ; yea, such a striking likeness of him that the world would not have to hold us up by the hour and say, *"Well it seems somewhat of a likeness;"* but they would, when they once behold us, exclaim: *"He has been with Jesus; he has been taught of him; he is like him."* He has caught the very idea of the holy man of Nazareth, and he works it out in his every-day actions. A Christian should be like Christ in his boldness. Never blush to own your religion. Your profession will never disgrace you; take care you never disgrace that. Be like Jesus, ever valiant for your God. Imitate him in your loving spirit, think kindly, speak kindly, and do kindly, that men may say of you, *"He has been with Jesus."* Imitate Jesus in his holiness. Was he zealous for his Master? So be you; even go about doing good. Let no time be wasted; it is too precious. Was he self-denying, never looking to his own interests? Be the same. Was he devout? Be you fervent in your prayers. Had he deference to his father's will? So submit yourself to him. Was he patient? So learn to endure. And best of all, as the highest portraiture of Jesus, try to forgive your enemies as he did, and let those sublime words of your Master— *"Father, forgive them, for they know not what they do"* —always ring in your ears. Forgive as you hope to be forgiven. Heap coals of fire on the head of your foe by your kindness to him. Good for evil, recollect, is godlike. Be godlike then, in all your ways, and by all ways and means so live that all may say of you, *"He has been with Jesus."* Remember his words, *"Learn of me, for I am meek and lowly in heart."* - Spurgeon.

# BIBLE READINGS

## The First Day of the Week

There are nine references in the Bible to the first day of the week, as follows: **Gen. 1:5; Matt. 28:1; Mark 16:1, 2, 9; Luke 24:1; John 20:1; 20:19; Acts 20:7; 1 Cor. 16:2.**

The first day of the week was named by Jehovah 6,000 years ago. The six inspired writers that mention it, call it by the same name,—the first day of the week. None allude to it as the holy rest day, while three of them state it came the *day after the Sabbath*, showing that they did not regard it as the Sabbath. **P.K. 183, 184.**

It is classed among the working days. **Eze. 46:1.** Paul bore the following testimony 32 years this side of the cross: “I have committed nothing against the people or *customs of our fathers.*” **Acts 28:17.** If he had kept any other Sabbath than the Seventh-day Sabbath, he would have departed from the customs of his fathers.

## The Weekly Cycle

- **Gen. 1:5, 8, 13, 19, 23, 31; Gen. 2:1-3.** The weekly cycle made at creation. Days numbered, but not named. **P.P. 111.**

- **Gen 4:3, margin.** They gathered for worship at the close of the cycle of days.

- **Eze. 46:1.** Six of the days are called working days; the remaining one is a rest day.

- **Gen. 2:2, 3.** All are alike except the seventh day, which was blessed and sanctified.

- **Isa. 58:13.** God calls it His “*holy day.*”

- **Ex. 20:8-11.** It is called the “*Sabbath of the Lord thy God.*”

- **Mark 2:28.** “*The Son of man is Lord also of the Sabbath.*” While all the days were numbered, the Lord gave names to the sixth and seventh days only; the 7<sup>th</sup> day was called the “*Sabbath.*”

- **Mark 15:42; Luke 23:54.** The sixth day was called the “*preparation day.*”

- **Ex. 16:22, 23.** Food was to be prepared on this day for the Sabbath.

- **Luke 23:54-56.** The spices to embalm the Saviour were brought upon this day.

- **Isa. 66:22, 23.** The weekly cycle will continue on the new earth, and all will gather for worship upon the Sabbath.

The week, unlike the day, month, and year, is not connected with the movements of any heavenly bodies. The names of the seven days of which the week is composed were derived by the Egyptians from the seven celestial bodies then known. The Romans, in their names for the days, observed the same order, distinguishing them as follows:—

Dies Solis,	Sun’s day,	Sunday
Dies Lunae,	Moon’s day,	Monday
Dies Martis,	Mars’ day,	Tuesday
Dies Mercurii,	Mercury’s day,	Wednesday
Dies Jovis,	Jupiter’s day,	Thursday
Dies Veneris,	Venus’ day,	Friday
Dies Saturni,	Saturn’s day,	Saturday

We can see at a glance the origin of our English names for the first, second, and seventh days; the remaining four are names from Tiu, Woden, Thor, and Frigga, northern deities equivalent to Mars, Mercury, Jupiter, and Venus, in classical mythology.

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### Ceremonial Sabbaths

- **Lev. 23:7, 8, 21, 24, 25, 27, 32, 39.** There are seven ceremonial Sabbaths as follows:-

1. 15<sup>th</sup> of Abib; 2. 23<sup>rd</sup> of Abib; 3. Pentecost; 4. 1<sup>st</sup> of the 7<sup>th</sup> month; 5. 10<sup>th</sup> of the 7<sup>th</sup> month 6. 15<sup>th</sup> of the 7<sup>th</sup> month; 7. 22<sup>nd</sup> of the 7<sup>th</sup> month.

These were annual Sabbaths, coming only once a year. As they always came on the same day of the month, they would come only occasionally on the 7<sup>th</sup> day of the week.

- **Col. 2:16, 17.** These Sabbaths were all shadows of things to come.

- **Heb. 9:8-11.** The types, or shadowy service, ceased at the cross. *D.A. 774.*

- **Matt. 27:50-51.** At the death of Christ God rent the veil of the temple, thus showing that the shadowy service had ended.

- **Heb. 9:10; Rom. 14:1-6; Col. 2:16.** All of these ceremonial Sabbaths were connected with the annual feast days. On the Passover Sabbath bitter herbs were mingled with the feast. The Day of Atonement was a fast day; the others were feast days.

- **Lev. 23:38.** These annual Sabbaths were separate and distinct from the Sabbath of the Lord.

- **Ex. 20:10.** The seventh day of the week is the Sabbath of the Lord.

- **Ex. 20:8-11.** “*Meats and drinks*” not connected with the weekly Sabbath.

- **Ex. 20:11.** Seventh-day Sabbath a memorial of creation. *D.A. 289.*

- **Isa. 66:22, 23.** As long as the world stands the memorial of creation will be celebrated.

### Did Christ Change The Sabbath?

- **Matt. 5:17, 18.** Wicked persons in the time of Christ were tempted to accuse Him of changing the law of God; but He read their thoughts and rebuked them for it before the words were spoken. *P.K. 183.*

- **John 5:10-19.** The Jews sought to kill Jesus because he healed the sick upon the Sabbath day. *D.A. 204, 211.*

- **John 9:14-16.** They thought He was not of God because He healed on the Sabbath day. *D.A. 471, 472.*

- **Matt. 12:10-12.** The Saviour referred them to the Scriptures, stating that it was *lawful* to do acts of mercy on the Sabbath day, thus recognizing the Sabbath law. *D.A. 285.*

- **John 15:10.** Jesus repudiated every charge of breaking the Sabbath by declaring that He kept his Father’s commandments.

- **Mark 7:6-12.** He refused to honor “*tradition of men,*” substituted for God’s law.

- **Isa. 42:21.** The prophet Isaiah, looking down through the ages to the time of Christ, said that He would “*magnify the law and make it honorable.*”

- **Luke 4:16.** Jesus kept the Sabbath.

- **Matt. 24:20.** He taught His disciples to honor it.

-

- **Luke 23:54-56.** His followers kept it; Jesus never changed the Sabbath.

- **Bible Handbook, Stephen Haskell**

Keys for abbreviations:

DA – Desire of Ages

PK – Prophets and Kings

PP – Patriarchs and Prophets

\*\*\*

### The Little Member

*Lenien De Witt*

*“Behold we put bits in the horse’s mouths that they may obey us; and we turn about their whole body.”*

Who is directing the bit in the mouth?

Is it the Holy Spirit or is it self?

Is it into the path the Lord wants to go?

Or is it into the path lead on by self?

Is the bit in the mouth a tamed instrument?

Or is its purpose to have a fierce, fighting attitude?

*“Behold, also the ships, which though thy be so great, and are driven of fierce winds, yet are they turned about with a very small helm, whithersoever the governor listeth”*

Who is the Governor controlling the helm?

Is it the Holy Spirit or is it self?

Is the ship in safe harbour or stormy seas?

Is the ship heading home or to the shores of Pompeii?

*“Even so the tongue is a little member, and boasteth great things. Behold, how great a matter a little fire kindleth!”*

Is the tongue for hurting and destroying?

Even loved ones can be hurt and destroyed by the careless use of this little member

Or is the tongue to serve as a light unto meekness and wisdom from which loved ones can be saved from darkness and confusion

*“For in many things we offend all. If any man offend not in word, the same is a perfect man.”*

So little children allow the tongue to be controlled by God so that you can become “a perfect man”.

\*\*\*

### DO SOMETHING FOR THE TRUTH.

You cannot set the world right, or the times, but you can do something for the truth; and all you can do, will certainly tell if the work you do is for the Master, who gives you your share, and so the burden of responsibility is lifted off.

Go to the man who is carving a stone for a building; ask him where that stone is going, to what part of the temple, and how is he going to get it into place, and what does he do? He points you to the builder's plan. This is one stone of many.

So when men shall ask where and how is your little achievement going into God's plan, point them to your Master, who keeps the plans, and then go on doing your little service as faithfully as if the whole temple were yours to build. - *Phillips Brooks.*

### PROMISE

**“My little children, these things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous:” – 1 John 2:1**

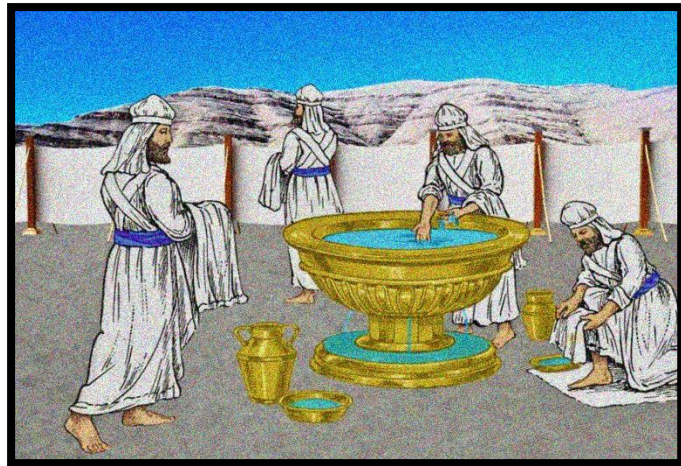
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# Articles

## Clean hands, Pure Heart (Bible Picture Pathways)

With a sense of accomplishment, I stood back and looked at the little path of straw scattered in a line to the car. It was simple, but it would make a difference, I knew. For three months our family had been living in a tent while we built our country home. Because of very little rain, even the softest footstep caused a cloud of dust from the grassless soil around your feet. Each week on Friday, we would wash for Sabbath, putting the children and ourselves immediately into the tent in order to try to stay clean for church the next day. The path of straw to the car would insure a cleaner walk in the morning, I felt sure... Perhaps, none of you have ever lived in a tent for an extended period of time. Cleanliness is a challenge, to say the least, yet while the Israelites were in the wilderness, God had a plan for cleanliness. A part of this plan was the laver found in the courtyard of the wilderness sanctuary.



*“And the LORD spake unto Moses, saying, Thou shalt also make a laver of brass, and his foot also of brass, to wash withal: and thou shalt put it between the tabernacle of the congregation and the altar, and thou shalt put water therein. For Aaron and his sons shall wash their hands and their feet thereat: When they go into the tabernacle of the congregation, they shall wash with water, that they die not; or when they come near to the altar to minister, to burn offering made by fire unto the LORD: So they shall wash their hands and their feet, that*

*they die not: and it shall be a statute for ever to them, even to him and to his seed throughout their generations.”*  
Ex. 30:17-21

The priests were to be clean, especially when they went into the tabernacle and ministered at the altar. This is because in the Bible uncleanness represents sin. We can see the parallel clearly in the prayer of David after his great sin. *“Wash me thoroughly from mine iniquity, and cleanse me from my sin... Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow... Create in me a clean*

*heart, O God; and renew a right spirit within me.”* Isaiah 51:2, 7, 10

You can also find this comparison in the story of John the Baptist, *“John did baptize in the wilderness, and preach the baptism of repentance for the remission of sins. And there went out unto him all the land of Judaea, and they of Jerusalem, and were all baptized of him in the river of Jordan, confessing their sins.”* Mark 1:4, 5

We must be cleansed from the inside out. Jesus warned, *“Woe unto you,*

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*scribes and Pharisees, hypocrites! for ye make clean the outside of the cup and of the platter, but within they are full of extortion and excess. Thou blind Pharisee, cleanse first that which is within the cup and platter, that the outside of them may be clean also.”*  
 Matt. 23:25, 26 God wants us to have clean hearts, not just clean actions.

It is interesting that the laver is the only piece of furniture in the sanctuary for which we have no record of weight or measurement. This reminds us that the tender love and mercy of God is immeasurable. Micah 7:19 says, *“He will turn again, he will have compassion upon us; he will subdue our iniquities; and thou wilt cast all their sins into the depths of the sea”*. Also the New Testament promises cleansing for ALL unrighteousness, *“If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.”*  
 1 John 1:9

Again and again, God’s people are challenged to a higher standard of purity. God told his people through the prophet Isaiah, *“Wash you, make you clean; put away the evil of your doings from before mine eyes; cease to do evil; Learn to do well; seek judgment, relieve the oppressed, judge the fatherless, plead for the widow. Isa 1:16,17* He further challenges especially those in leadership positions, *“Depart ye, depart ye, go ye out from thence, touch no unclean thing; go ye out of the midst of her; be ye clean, that bear the vessels of the LORD.” Isaiah 52:11*

The book of James gives us some practical clues about how to be cleansed, by saying, *“Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded.”*  
 James 4:7, 8



The Bible records that the laver was made from the mirrors of the women. *“And he made the laver of brass, and the foot of it of brass, of the lookingglasses of the women assembling, which assembled at the door of the tabernacle of the congregation.”*  
 Exodus 38:8

Just as the priests looked into the mirror in order to better remove the dirt, *“We must look into the mirror-- God’s holy law--and there discover the defects in our characters.”* {HP 145.5} [See also James 1:23-25] Yet while a mirror allows you to see the dirt, it cannot cleanse you. In like manner, while the law reveals sin, it provides no remedy. By looking into this mirror, we may discover the spots in our character; but in order to have them cleansed, we must wash in the fountain of living water prepared by the world’s Redeemer. [Jer. 2:13] The gospel of Christ alone can offer pardon. In order to stand forgiven, sinners must exercise repentance toward God, whose law has been transgressed, and faith in Christ, their atoning sacrifice. So while the laver represents the law, the water in the laver represents Jesus who came to “fulfill” or fill-full the law. [Matt. 5:17]

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As we behold Jesus Christ we will be changed. 2 Corinthians 3:18 states, *“But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.”*

God has provided a way for cleansing, *“Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.”* 2 Corinthians 7:1 Let us wash in the fountain, and by the grace of God have clean hands and a pure heart.

\*\*\*

### Typical & Anti-Typical Day of Atonement

Esmarie Wait

(Concludes from October 2015 Issue)

#### Offering made by Fire

*And the LORD spake unto Moses, saying, Also on the tenth day of this seventh month there shall be **a day of atonement**: it shall be an holy convocation unto you; and ye shall afflict your souls, and offer an offering made by fire unto the LORD. (Lev 23:26-27)*

*And the LORD called unto Moses, and spake unto him out of the tabernacle of the congregation, saying, Speak unto the children of Israel, and say unto them, If any man of you bring an offering unto the LORD, ye shall bring your offering of the cattle, even of the herd, and of the flock. If his offering be a burnt sacrifice of the herd, let him offer a male **without blemish**: he shall offer it of his own voluntary will at the door of the tabernacle of the congregation before the LORD. And he shall put his hand upon the head of the burnt offering; and it shall be accepted*

*for him to **make atonement for him**. And he shall kill the bullock before the LORD: and the priests, Aaron's sons, shall bring the blood, and sprinkle the blood round about upon the altar that is by the door of the tabernacle of the congregation. And he shall flay the burnt offering, and cut it into his pieces. And the sons of Aaron the priest shall put fire upon the altar, and lay the wood in order upon the fire: And the priests, Aaron's sons, shall lay the parts, the head, and the fat, in order upon the wood that is on the fire which is upon the altar: But his inwards and his legs shall he wash in water: and the priest shall burn all on the altar, to be a burnt sacrifice, an offering made by fire, of a sweet savour unto the LORD. (Lev 1:1-9)*

This was the typical Day of Atonement. What offering does God require of us on the antitypical Day of Atonement?

*I beseech you therefore, brethren, by the mercies of God, that ye **present your bodies a living sacrifice, holy, acceptable unto God**, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God. (Rom 12:1-2)*

Remember the offering had to be out of one's own voluntary will. We are to present our bodies as a living sacrifice, holy and acceptable unto God... Now in the typical offering God required that the offering be without blemish

*Husbands, love your wives, even as Christ also loved the church, and gave himself for it; That he might sanctify and cleanse it with the washing of water by the word, That he might present it to himself a glorious church,*

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**not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish. (Eph 5:25-27)**  
*And you, that were sometime alienated and enemies in your mind by wicked works, yet now hath he reconciled **In the body of his flesh through death, to present you holy and unblameable and un-reproveable in his sight:** If ye continue in the faith grounded and settled, and be not moved away from the hope of the gospel, which ye have heard, .... (Col 1:21-23)*

Christ died for us that we can be unblamable and un-reprove able!

*Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ: **According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love:** Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will, (Eph 1:3-5)*

How do we present/offer our selves blameless before God?

*And there went great multitudes with him: and he turned, and said unto them, If any man come to me, and hate not his father, and mother, and wife, and children, and brethren, and sisters, yea, and his own life also, he cannot be my disciple. (Luk 14:25-26)*

*(He that **loveth father or mother more than me is not worthy of me: and he that loveth son or daughter more than me is not worthy of me.- Matthew 10:37)***

So if we put anything before God or love anything more than God we cannot be His disciples.

*So likewise, whosoever he be of you that forsaketh not all that he hath, he cannot be my disciple. (Luk 14:33)*

The Offering must be without blemish and voluntary, His desire is, for us to yield our all!

*But this I say, He which soweth sparingly shall reap also sparingly; and he which soweth bountifully shall reap also bountifully. Every man according as he purposeth in his heart, so let him give; not grudgingly, or of necessity: **for God loveth a cheerful giver.** (2Co 9:6-7)*

God will not accept an offer if it is not voluntary! So we have to give our all and it has to be voluntary. Now how do we offer ourselves blameless as an offering made by fire? Well when you place an offering on an altar and it burns up, do you get anything back? No you don't, it is consumed! We don't give to receive back...*It is more blessed to give than to receive.* (Act 20:35)

More blessed to give as it brings healing and salvation!

See - **Isa 58:6-8**

*And the LORD spake unto Moses, saying, Speak unto the children of Israel, saying, He that offereth the sacrifice of his peace offerings unto the LORD shall bring his oblation unto the LORD of the sacrifice of his peace offerings. **His own hands shall bring the offerings of the LORD made by fire, the fat with the breast, it shall he bring, that the breast may be waved for a wave offering before the LORD.** (Lev 7:28-30)*

The offering was so be made with their own hands...

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**Examine yourselves**, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that Jesus Christ is in you, except ye be reprobates? (2Co 13:5)

Every Day before we retire on our beds we have to go through our whole day and see where we have fallen short from what the Lord expects of us, and the next day we are to work on those points, making the offering with our own hands cutting away those sins from our lives!

**The Shoulder** - And the **right shoulder** shall ye give unto the priest for an heave offering of the sacrifices of your peace offerings. (Lev 7:32)

What does the right shoulder represent?

For unto us a child is born, unto us a son is given: **and the government shall be upon his shoulder**: and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace. (Isa 9:6)

Shoulders are where men bear the weight of things. We need to lay that burden on Christ. Let Christ dictate the movements of your life.

And **the key** of the house of David will I lay **upon his shoulder**; so he shall open, and none shall shut; and he shall shut, and none shall open. (Isa 22:22)

This was the promise made to the church of Philadelphia, not only is He to bear everything in our life, but he has the key to open and close the doors in our life. Then it can be guaranteed that it will be well with your soul. We make mistakes when we want to carry the burdens! He must have the shoulder. We cannot offer ourselves a living sacrifice to God if we still hold the reins of our own life.

**The Chest** - His own hands shall bring the offerings of the LORD made by fire, **the fat with the breast**, it shall he bring, that the **breast** may be waved for a wave offering before the LORD. And the priest shall burn the fat upon the altar: but the breast shall be Aaron's and his sons'. (Lev 7:30-31)

The heart must be yielded to Christ!

When Jesus had thus said, he was troubled in spirit, and testified, and said, Verily, verily, I say unto you, that one of you shall betray me. Then the disciples looked one on another, doubting of whom he spake. Now there was **leaning on Jesus' bosom** one of his disciples, **whom Jesus loved**. Simon Peter therefore beckoned to him, that he should ask who it should be of whom he spake. **He then lying on Jesus' breast** saith unto him, Lord, who is it? Jesus answered, He it is, to whom I shall give a sop, when I have dipped it. And when he had dipped the sop, he gave it to Judas Iscariot, the son of Simon. (Joh 13:21-26)

Peter had the question .... Peter asked John to ask the question because he was the one closest to Jesus, leaning on Christ's breast; he had open communication with the Lord!

**The Maw** - And this shall be the priest's due from the people, from them that offer a sacrifice, whether it be ox or sheep; and they shall give unto the priest the shoulder, and the two cheeks, **and the maw**. (Deu 18:3)

**MAW**, n. - 1. The stomach - Webster's Dictionary

In what way can we offer our stomach?

Now I beseech you, brethren, mark them which cause divisions and offences contrary to the doctrine which

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ye have learned; and avoid them. For they that are such *serve not our Lord Jesus Christ, but their own belly; and by good words and fair speeches deceive the hearts of the simple.* (**Rom 16:17-18**)

If you serve anything other than Jesus Christ it is an Idol...So when we yield our "Maw" or "Bellies" we yield all our Idols!

*(For many walk, of whom I have told you often, and now tell you even weeping, that they are the enemies of the cross of Christ: Whose end is destruction, whose God is their belly, and whose glory is in their shame, who mind earthly things.)* (**Php 3:18-19**)

We have to Offer our appetites and passions, everything that we are so use to, we give them all to Christ.

**The Cheeks** - *And this shall be the priest's due from the people, from them that offer a sacrifice, whether it be ox or sheep; and they shall give unto the priest the shoulder, and the two cheeks, and the maw.* (**Deu 18:3**)

*I gave my back to the smiters, and my cheeks to them that plucked off the hair: I hid not my face from shame and spitting.* (**Isa 50:6**)

*For even hereunto were ye called: because Christ also suffered for us, leaving us an example, that ye should follow his steps: Who did no sin, neither was guile found in his mouth: Who, when he was reviled, reviled not again; when he suffered, he threatened not; but committed himself to him that judgeth righteously: Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.* (**1Pe 2:21-24**)

So this saying that Jesus is our example...we are not to revile back...we are not to work according to an eye for an eye.

*Ye have heard that it hath been said, An eye for an eye, and a tooth for a tooth: But I say unto you, That ye resist not evil: but whosoever shall smite thee on thy right cheek, turn to him the other also.* (**Mat 5:38-39**)

Yield the cheeks - *vengeance is Mine says the Lord* (see **Romans 12:19**), **no vengeance!!!**

People are so quick to retaliate, and fix others while they are broken, we are to leave things with God, He will take care of it, we cannot conform to the world in order to get back at someone that that has wronged us, follow the example of Jesus, leave it at the altar! When we yield our bodies a living sacrifice we do it willingly, one without blemish, we need to examine ourselves, we need to cut away all the fat (representing sin), God requires the shoulder the breast the cheeks and the maw....

**The Inward Parts and Legs** - *And the priests, Aaron's sons, shall lay the parts, the head, and the fat, in order upon the wood that is on the fire which is upon the altar: But his inwards and his legs shall he wash in water: and the priest shall burn all on the altar, to be a burnt sacrifice, an offering made by fire, of a sweet savour unto the LORD.* (**Lev 1:8-9**)

Our inward parts and our legs need to be washed with water.

(Speaking of the church) *That he might sanctify and cleanse it with the washing of water by the word,* (**Eph 5:26**)

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We are to be washed with the Word! Jesus is the word and by beholding/reading/studying the word, we become changed! (See - **2 Cor 3:18**)

*Behold, thou desirest truth in the inward parts: and in the hidden part thou shalt make me to know wisdom. (Psa 51:6)*

God Desires truth in our Inward parts!!!

*O Jerusalem, wash thine heart from wickedness, that thou mayest be saved ....(Jer 4:14)*

The washing of our legs is washing and perfecting our outward walk with God, washing of our inward parts is the washing of our heart!

*Thy word have I hid in mine heart, that I might not sin against thee. (Psa 119:11)*

We are to wash our inward parts and make sure our thoughts are pure before God!

*I have put off my coat; how shall I put it on? I have washed my feet; how shall I defile them? (Songs of Sol 5:3)*

Feet that are not washed are defiled! Our feet take us where we want to go... sin defiles... if we walk a sinful road or attend sinful company and go to sinful places we are defiling our feet!

*After that he poureth water into a bason, and began to wash the disciples' feet, and to wipe them with the towel wherewith he was girded. Then cometh he to Simon Peter: and Peter saith unto him, Lord, dost thou wash my feet? Jesus answered and said unto him, What I do thou knowest*

*not now; but thou shalt know hereafter. Peter saith unto him, Thou shalt never wash my feet. Jesus answered him, **If I wash thee not, thou hast no part with me.** Simon Peter saith unto him, Lord, not my feet only, but also my hands and my head. Jesus saith to him, **He that is washed needeth not save to wash his feet, but is clean every whit: and ye are clean, but not all. (Joh 13:5-10)***

We are to make sure our feet are washed by the Word, that we can be "clean every whit" an offering without blemish!!

*And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ. Faithful is he that calleth you, who also will do it. (1Th 5:23-24)*

God requires much from us, But with all He requires he does not leave us to perform it in our own strength, He is always there to help us!!!

\*\*\*

#### A GOOD TEST

Christ presents a perfect life. Now, if when one looks upon that perfect life of Christ, it inspires him to make his life as nearly like that life as possible, and he strives each day to approximate to that perfection, sorrowing when he sins, not merely when he is caught at it; I say if that is his attitude toward Christ, then I believe that he has been born again. But if when he looks at that perfect example, he tries to find some excuse for not changing his own life, tries to get rid of the authority, tries to get rid of the example, tries to find some excuse for not allowing it to be binding on him, no matter to what church he belongs, he needs a new birth.— W. J. Bryan.

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**ARE YOU A CHRISTIAN ?**

CHAS. P. WHITFORD

WHO was the author of the plan of salvation? *Jesus.* - **Heb. 12:2.**

What caused God to accept the plan? *"God so loved the world."* - **John 3:16.**

What did the plan of salvation cost Jesus? *It cost him his life and home.* - **Isa. 53:3-9.**

From what does Jesus save his people? *"He shall save his people from their sins."* - **Matt. 1:21.**

What is sin? *"Sin is the transgression of the law."* - **1 John 3:4.**

When saved from transgressing the law, then what may we be called? *Christians.* - **Acts 11:26.**

But who are Christians? *Individuals that have been saved from transgressing God's law. A Christian is an individual whose profession and life corresponds with the teachings and example of Christ.* - **1 John 3:4, 5**

*It is one over whom sin has no dominion.* - **Rom. 6:14.**

Reader, are you a Christian? Does your life correspond with the teachings and example of Christ? **1 Peter 2:21-23; Titus 2:11-14.**

Who are being saved from transgressing the law of God? In other words, who are Christians? *Those for whom the blood of Christ avails in cleansing from all sin.*

But for whom does the blood of Jesus Christ avail in cleansing from all sin? *Those who walk in all the light that God in his' mercy and love shows them.* - **1 John 1:7.**

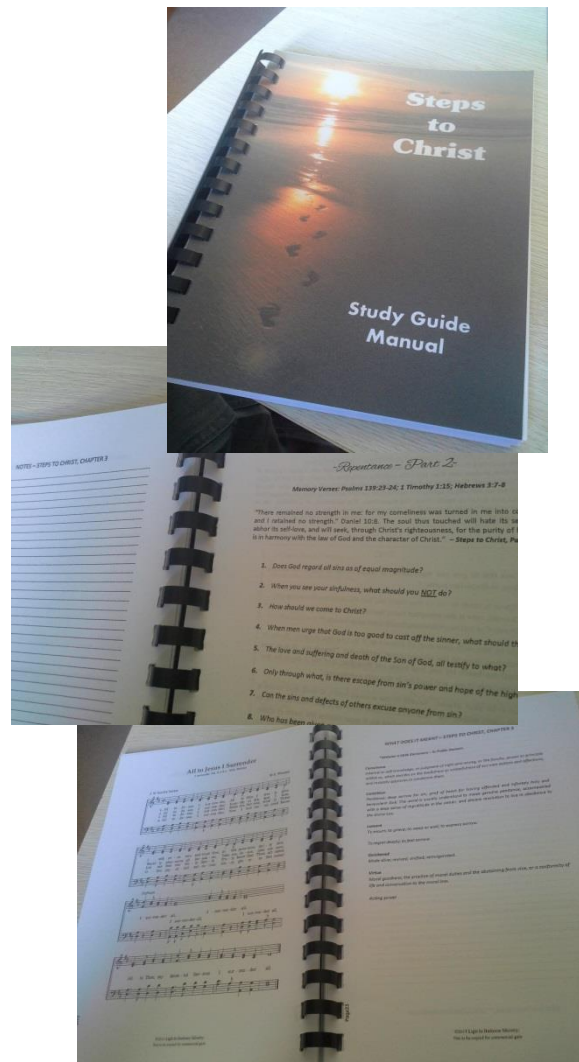
In a letter from the Lord addressed to such ones he says, *"Ye are all the children of light, and the children of the day."* - **1 Thess. 5:1-5.**

Reader are you walking in all the light that God has caused to shine upon your pathway? **If so, then you are a Christian.**

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**NOW AVAILABLE**

A Study guide compiled by *Light In Darkness* for the book Steps To Christ. It includes a Questions & Answers section, Hymns, Dictionary and a Verse Index. If you are interested please contact us at [jpf3angels@gmail.com](mailto:jpf3angels@gmail.com)



## MISSIONARY REPORT

### BRETHREN IN KATIMA

By Austen Simasiku

#### Beginning of the work:

On the 19<sup>th</sup> November 2015, I travelled to Katima Mulilo and on the 21<sup>st</sup> of the same month I met with a group of youth by God's divine providence in the afternoon during the Sabbath. During this afternoon, the youth were having a discussion on some biblical questions. They requested for my assistance in answering the questions and then we began having a Bible discourse from about 15h00-17h00. At the end of this discourse, by God's grace, two brothers from among the youth requested for another Bible study right there upon hearing the way the Bible was explaining itself. I then sat with them in another Bible study from about 17h00 to about 19h00. The brothers enjoyed the bible study and requested me to stay for more Bible studies with them, as I was supposed to go back to Otavi to go work with my fellow co-laborer on mission we were busy with. (*Report on Otavi available in next issue*) But, I then chose to stay and work with these two brothers, and the words of Christ in Luke 10:2 came to my mind "*Therefore said he unto them, **The harvest truly is great, but the labourers are few: pray ye therefore the Lord of the harvest, that he would send forth labourers into his harvest.***" And in John 4:35 "*Say not ye, **There are yet four months, and then cometh harvest? behold, I say unto you, Lift up your eyes, and look on the fields; for they are white already to harvest.***"

Now more than ever these words became a reality for me, I now saw that indeed more labourers are needed.

#### The reaction of the people:

During the Bible study with the two brothers which we began as of the 22<sup>nd</sup> of November 2015, one of the brothers would often say he could hear Christ talking to him, through the scriptures presented, and it was not me and my words that he heard talking but Christ. The brothers would rejoice as the truth was opened up to them and they would readily embrace the truth. One brother began uttering words such as the law is spiritual but we are carnal and would say the Bible now began opening up to him. As we continued, they began inviting their friends and siblings. Many of them that joined the lessons loved the Bible studies presented. After sometime, one of the sisters that joined the lessons also invited one brother and the brother began attending each lesson not missing any of the lessons. This brother that joined began saying the harvest is indeed great and the labourers are few as he began to see the important work beforehand. He would often say how the Bible was now new and interesting. In it he could now see the hope of salvation and the great work before us of glorifying God. Many praised God and gave glory to God for the Bible studies and invited their friends to the studies. And so the Bible study group continued. Matthew 9:8 says "*But when the multitudes saw it, **they marvelled, and glorified God, which had given such power unto men.***"

**Difficulties encountered:**

While busy with the work, I came across a few difficulties. One of which was that as the brothers began to invite more people, we experienced a problem concerning the venue as to where to have the Bible studies, but God is merciful and just. He would make provision for us to have the lessons under the shade of His beautiful trees and would withhold the showers for the whole time we would be there. Another problem was transport for the brothers and sisters who came from far to where we would have the Bible studies, but the Lord moved upon their hearts not to allow the distance to be a stumbling block.

**My experiences:**

While doing this work, I got to learn to rely upon Jesus Christ my Saviour, now more than ever. Often the inspired words penned by Paul in 2<sup>nd</sup> Corinthians 3:4-5 *“And such trust have we through Christ to Godward: Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;”* would give me strength to continue, for the work indeed is God’s work and wherever I felt a lack, Christ would be my sufficiency. I also got to learn that more heart to heart personal labour for the people can accomplish more than any other work. People are looking for personal labour efforts for their souls, to be put forth for them. Often as I would talk to some of the brothers who felt hopeless and direct them to our Lord Jesus Christ in their times of distress, their hopes would again be revived. Thus it led me to truly believe that people can only be converted to God by the combination of both precept and example. My prayer for this year is that the Lord

may help us to reach out to more souls as He leads us.

*“How did the world’s Redeemer walk?--Not in a way to please Himself simply, but to glorify God by working the works of God in uplifting fallen man who had been made in the image of God. By precept and example, He taught men the way of righteousness, representing the character of God, and giving to the world a perfect standard of moral excellency in humanity.” - Sons and Daughters of God (1955) Chapter 5, pg 137.*

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**A DAY TO REMEMBER**

*By Lenien De Witt*

We serve a great God! No words can describe the goodness and mercy of Jehovah, who has given us so much and keeps on giving.

Through a very dear family member God gave us a stand in the Woermannbrock shopping mall in Swakopmund, during the December holidays, the 23<sup>rd</sup> to be exact. I expected big eager crowds and so prepared for it. I asked four people to help me that day and providentially only one was able to help in the end, as afterwards when I read the rules, it clearly stated *“only two salesman per stand”*. We did not sell that many books, the crowd was not that eager to acquire them but the Bible on the other hand was the biggest seller for the day but even they took a while to be sold out. But selling was not all we did, we also gave out Great Controversy’s, small tracks (little books) and DVD’s, it was such a blessing to give. People would reply with comments such as *“you are blessing me”*, but I felt like the one that was blessed, every time I gave something, was me. The people’s

faces would light up with gratitude, it really was something to see, especially when they were interested in the books but could not afford them and then receiving a free Great Controversy. There really was a joy in the air, a beautiful joy.

We did have some trouble, some people made mean comments while they passed by, others would attempt to start a religious argument or debate. Some would even come and ask questions just to test your knowledge and to see what you would answer. Most of them were on if you believe what you preach. We also did not have bags to give the bought books in, but the joy over shadowed these minor issues.

*"In the world-renowned health resorts and centers of tourist traffic, crowded with many thousands of seekers after health and pleasure, there should be stationed ministers and canvassers capable of arresting the attention of the multitudes. Let these workers watch their chance to present the message for this time, and hold meetings as they have opportunity. Let them be quick to seize opportunities to speak to the people. Accompanied by the power of the Holy Spirit, let them meet the people with the message borne by John the Baptist: "Repent ye: for the kingdom of heaven is at hand." The word of God is to be presented with clearness and power, that those who have ears to hear, may hear the truth. Thus the gospel of present truth will be placed in the way of those who know it not, and will be accepted by not a few, and carried by them to their own homes in all parts of the earth."*-- Review and Herald, Jan. 25, 1906. {CM 40.1}

We were near a tourist centre and people not from Namibia also received

books. One lady with an Italian accent looked at the books, we could not understand each other but one sentence I could make out was, "I love Jesus". She didn't take a book because she could not read English, but the longing for companions that love Jesus as she did was the desire her face expressed. Another German lady, the first person that came early that morning, also spoke of her experience as a Christian. We talked over an hour and finally came to a point on Martin Luther, in that very moment I gave her a Great Controversy, she was very interested when I told her the book also had some history of Martin Luther in it.

*"The silent messengers that are placed in the homes of the people through the work of the canvasser will strengthen the gospel ministry in every way; for the Holy Spirit will impress minds as they read the books, just as He impresses the minds of those who listen to the preaching of the word. The same ministry of angels attends the books that contain the truth as attends the work of the minister.-- Colporteur Ministry, pg 100*

### Angels go with these books.

Much more happened that day but one day to do something like that is not nearly enough, but this was a door that was opened for the next time. It was the first step to lead to the next one, God certainly blessed that day and all who were involved.

We thank our heavenly Father without Him that day wouldn't have been possible.

### EDUCATION

I have more understanding than all my teachers: for thy testimonies are my meditation. – Psalms 119:99

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**BARKERS.**

THE story is told of two men who undertook to make a journey to a distant place. One of the two started considerably in advance of the other, but he was the last to reach the desired destination. The one who started last arrived first. When they met after the contest, the enquiries were made, "How did you get on so quickly?" "Well, what kept you so long?"

The man who started first, but arrived last, in explaining his failure, said, "I never made such a journey; the way was infested by little dogs that constantly annoyed me with their barking, and it took half of my time to drive them off." "Oh," replied the successful competitor, "I met the little dogs too, lots of them; but I had not time to turn round and chase them."

There is a true, deep lesson in all this for the man who would run the heavenly race. The Christian, if on the right road, will find his path beset by many barkers. Some of them will appear big, loud, and furious, and others like mean, little, contemptible mongrels that annoy by continually snapping from behind. Some again will keep up a continuous clatter from a distance, like the prairie-dogs, but disappear when one approaches them. Some of the terrier genus will come near enough for the hand to reach them in



order to tempt the man to stop and strike at them. Others there will be, who sit in their own doorway, who are not openly aggressive, and yet their sympathies are with the crowd. They bark occasionally, but if a general pursuit were arranged, they would feel inclined to join in it.

Many and discordant will be the notes in the howl that reaches the traveller's ears. These sounds will range all the way from the loud-mouthed bark of the bull-dog down to the yelp, yelp, of the little mongrel that wags a nameless tail.

But what is the Christian to do in all this? Shall he give up his journey because of the annoyance? Must he turn aside to strike at every barker? Or will he run back to smite at every little terrier spirit that snaps from behind? No, no! Better, far better, regard the whole family of barkers as so many reminders that the "King's business requireth haste."

Suppose you do turn back to punish some member of this clamorous crew, what will be accomplished? - Only this; the little barker will get out of your way behind the first fence or

hedge available, and then bark on. But in this turning again you will lose both time and temper. Not only this, you will also give all the tribe of barkers the opportunity of rejoicing over your discomfiture.

Paul suggests the ideal method, "Forgetting those things that are behind, and reaching forth unto those things which are before; I press toward the mark for the prize." **Phil.**

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**3:13, 14** In doing the Lord's work, rearwards and side-issues are to be disregarded. The clamour of scorn and opposition must pass unheeded and unheard. In speaking of Christ, through the prophet, Jehovah declares, "*Who is blind, but my servant? or deaf, as my messenger that I sent? who is blind as he that is perfect, and blind as the LORD'S servant? Seeing many things, but thou observest not; opening the ears, but he heareth not.*" **Isaiah 42:19-20**

Se with the child of God; he will have to see much that is not noticed, he will have to hear much that is not heard. In other words, the work in hand will so absorb his attention, that the jargon around, created by the barkers and opposers of his work, will pass unheeded. See the ideal: Christ passed along in solemn unconcern, even when the bloodhounds of murder were on His track. He had not time even to resent the blasphemous accusations that touched His life. His was a holy mission, and He would not turn aside until the work was finished. Each and every one of the "*Barker Family*" is actuated by the spirit of the great accuser, - Satan.

So when you turn aside to contend with the little or the big, you have not only to meet the visible barker, but the invisible enemy as well. Better, far better cultivate the good ground, than spend all or any part of your time in getting the stones and briars from the rocky heath where nothing but thorns will grow. Remember always that others are following you, therefore make straight paths, "*lest that which is lame be turned out of the way.*" Let the barkers bark if they will, "*but go thou and preach the gospel.*"

### The Office and Work of the Holy Spirit.

There are very few who are familiar with the office and work of the Holy Spirit, hence a reading upon this subject is always in place.

**John 14:26.** The Holy Spirit is the Comforter, a teacher of all things; is also the memory of the Christian.

**John 15:26.** The Spirit testifies of Christ.

**John 16:13.** It guides into all truth, and will speak God's words.

**Rom. 8:14.** The Spirit of God leads the Christian.

**Eph. 1:13, 14.** The child of God is sealed by the Spirit. It is a pledge of the new earth.

**Eph. 4: 30.** We may grieve the Spirit of God.

**1 Thess. 5: 19.** Warned not to quench the Spirit.

**Isa. 62:10.** It may be vexed.

**Luke 11:13.** How may we obtain all these blessings promised through the Spirit. "*Ask and ye shall receive.*"

**John 16:7, 8.** How will we know when we receive the Spirit? Not always by a happy flight of feeling. Its first work is to reveal to us our sins. This is not always pleasant, and even after asking for the Spirit, we often grieve and quench it by refusing to acknowledge our sins when they are revealed to us, Self rises to justify itself and the Spirit is grieved.

If we say, "*Yea Lord, I know it is sin, take it all away,*" then the Spirit comes to us as a teacher, and guides us in the way of all truth.

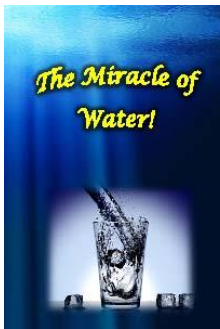
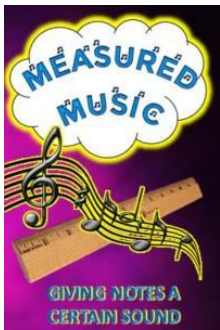
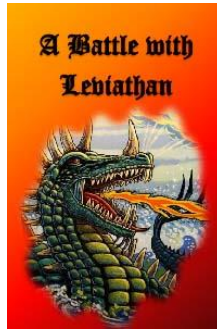
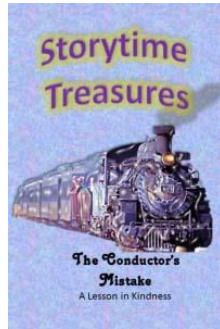
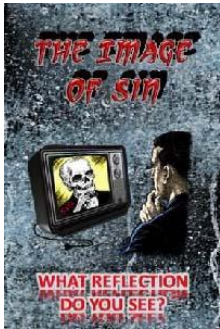
### PROMISE

"Now unto him that is able to keep you from falling, and to present you faultless before the presence of his glory with exceeding joy," – **Jude 24**

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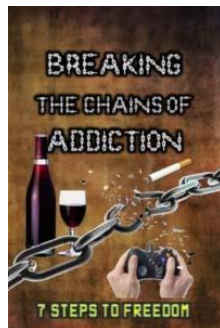
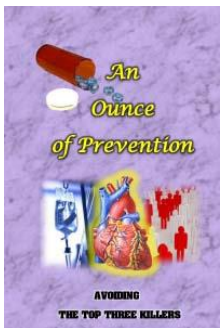
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